

**LAKSHMIBAI NATIONAL INSTITUTE OF PHYSICAL EDUCATION  
GWALIOR**

**(Deemed to be University)**

**(ISO 9001:2008, 14001:2004 and OHSAS 18001:2007 Certified AND  
A++ Accredited by NAAC)**

**Government of India, Ministry of Youth Affairs and Sports**



**PROSPECTUS  
2017-18**

## **MESSAGE FROM THE VICE CHANCELLOR**

Lakshmbai National Institute of Physical Education (LNIFE), founded in 1957, is a National Institution of excellence for teaching, research and application of knowledge in the field of Physical Education and Sports. Since inception, the Institute has achieved many milestones due to the dedicated devoted band of teachers, quality teaching and Research by adopting innovative approaches. It is a matter of immense pleasure and pride to announce that in its 2<sup>nd</sup> Cycle of National Assessment and Accreditation Council (NAAC) the Institute has been accredited with A++ grade, which is the highest grade awarded by NAAC. The Institute and its North-East Regional Centre, Guwahati (Assam) offers Bachelor of Physical Education (B.P.Ed.) and Master of Physical Education (M.P.Ed.) programmes. The alumni of the Institute enjoy high positions in various fields such as Physical Education, Sports, Yoga, Defense and Paramilitary organizations, Industrial Sectors, Corporate Houses and Media Houses etc. It is worthwhile to mention that the placement opportunities for the students studying in the Institute is 100%. It is our constant endeavor to provide conducive environment for academic, sports and overall excellence.



**May, 2017**

**Prof. Dilip Kumar Dureha  
Vice Chancellor**

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6.	Dr. Anandita Das
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3.	Dr. Ashish Phulkar
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3.	Dr. Satpal Yadav
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## ADMINISTRATION

Name	Designation
Prof. Vivek Pandey	Registrar
Shri M.P. Singh	Deputy Registrar (Establishment)
Dr. (Maj.) Shashi Bhushan Sharma	Deputy Registrar (Project & Legal)
Shri N.L. Rohira	Deputy Registrar (Estate)
Shri Amit Yadav	Assistant Registrar (Academics)
Shri V.S. Chauhan	Assistant Registrar (Administration)
Shri K.K. Bhatia	Assistant Registrar (Procurement)
Shri Bhaskar Jyoti Sharma	Assistant Registrar (NERC, Guwahati)

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# 1. LNIPE AT A GLANCE

## 1.1 HISTORICAL DEVELOPMENT

- 1.1.1 Lakshmibai National Institute of Physical Education (LNIPE), Gwalior was established by the Ministry of Education & Culture, Government of India as Lakshmibai College of Physical Education (LCPE) in August 1957, the centenary year of the War of Independence. It is located at Gwalior, where Rani Lakshmibai of Jhansi, a valiant heroine of the war, had laid down her life during the First Freedom Struggle in 1857.
- 1.1.2 The Institute started as an affiliate college of Vikram University, Ujjain and then came into the fold of Jiwaji University, Gwalior in 1964. The Institute was given a status of national importance, and hence it was renamed Lakshmibai National College of Physical Education (LNCPE) in 1973. In recognition of its unique services and character and to facilitate its further growth, the college was conferred the status of an 'Autonomous College' of Jiwaji University, Gwalior in 1982.
- 1.1.3 In further recognition of the unique educational services rendered by the Institute in the field of Physical Education, Sports and Research, the Govt. of India, Ministry of Human Resource Development conferred the status of a **“Deemed to be University”** in September 1995 under Section 3 of U.G.C. Act, 1956. Hence, the Institute was again renamed as Lakshmibai National Institute of Physical Education (LNIPE). The Institute is the only “Deemed to be University” in the field of Physical Education in India and enjoys a unique place of its kind in South East Asia.
- 1.1.4 The main purpose of establishing this Institute was to upgrade the status of Physical Education by producing quality teachers and leaders through graduate and post-graduate courses. For the first time in the country, three years' Bachelor of Physical Education (BPE) was started in 1957 and two years' Master of Physical Education (MPE) in 1963. In 1980, the then college reached yet another milestone and became the first Institution in India to have offered a one-year programme of Master of Philosophy (M.Phil.) in Physical Education. The Institute also admits candidates for Ph.D. programmes on a regular basis. Students are also admitted for various Certificate / Diploma / PG Diploma courses in different disciplines of Physical Education and Sports.

- 1.1.5 The duration of the Bachelor of Physical Education (B.P.E.) course was initially of three years. To bring it at par with other professional degree courses, as also to match the international standards, the duration of the course was extended to four years and the course was renamed as Bachelor of Physical Education (B.P.Ed.) Integrated. The National Council of Teacher Education (NCTE) has accorded recognition to this course. The 4-semester M.P.Ed. Degree Course also has recognition from the NCTE.
- 1.1.6 The Institute has established the North East Regional Centre at Guwahati (Assam) from the academic session 2009-10 with the approval of Government of India. The Centre currently offers the B.P.Ed. course.
- 1.1.7 The Institute has been certified to the parameters of Integrated Management System (IMS) comprising of ISO 9001 (Quality Management System), ISO 14001 (Environmental Management System) and OHSAS 18001 (Occupational Health and Safety).
- 1.1.8 National Assessment and Accreditation Council (NAAC)

The Institute has been Accredited with a CGPA of 3.79 on a seven point scale at A++ Grade by National Assessment and Accreditation Council (NAAC).

## **1.2 CAMPUS**

- 1.2.1 The Lakshmbai National Institute of Physical Education (LNIFE) campus is located in Shakti Nagar, on Race Course Road, at a distance of about one kilometer from Gwalior Railway Station. Gwalior is situated on the Agra-Mumbai national highway and is on the main North-South rail route, about 320 km from New Delhi.
- 1.2.2 The Institute campus covers an area of about 153 acres and is fully residential. The buildings of the Institute consist of Academic Block, Laboratories, Research Block, Auditorium & Administrative Block. A state of the art Library Building with all modern facilities is available in the Campus, for the use of Staff, Students, Researchers and others. It has seven Boys Hostels & four Girls Hostels; separate Mess for boys and girls, Health Centre, an Indoor Swimming Pool, an open Olympic size Swimming Pool, Indoor Cricket Pitch, two Indoor Gymnasium Complexes, Judo Hall, Table Tennis Hall, Weight Lifting & Weight Training Halls, Squash Rackets Complex, Synthetic Hockey Field, Synthetic Track, Air Conditioned Auditorium and Unique Multipurpose Hall for Badminton, Basketball and Volleyball. It also Houses a Climbing Wall, Shooting Range, Boxing Ring and Skating Rink. The Institute

has several other well laid Play Fields for Outdoor Games and Sports. The Institute's Library is stocked with Professional Books and Literature. It subscribes to several Professional and Research Journals/ Magazines/Periodicals and is undoubtedly the best of its kind in India. The Research Laboratories are also well equipped with Modern and Sophisticated Equipments to cater to the Scholarly needs of the students. The Institute also runs a UGC Academic Staff College to conduct orientation and refresher courses for in-service teachers from all over the country.

1.2.3 The campus has a sufficient number of Residential Quarters to house its Faculty, Officers, and other Employees. The Campus also has fully furnished Guest Houses, a Facility Centre, a Bank with ATM Facility and a Post Office.

### **1.3 OBJECTIVES**

The objectives for which the Institute is established are:

- 1.3.1 To prepare highly qualified leaders in the field of Physical Education, Sports/Games and other inter-disciplinary subjects.
- 1.3.2 To serve as a centre of excellence and innovations in Physical Education and to undertake, promote and disseminate research and also publish literature in this field.
- 1.3.3 To provide professional and academic leadership to other institutions in the field of Physical Education.
- 1.3.4 To provide vocational guidance and placement service to the people in this field.
- 1.3.5 To promote mass participation in Physical Education activities.
- 1.3.6 To undertake extrusion programmes and field outreach activities to contribute in the development of society.
- 1.3.7 To develop and promote programme of Physical Education and sports/games in educational institutions and other organisations.
- 1.3.8 To provide for instruction and training in such branches of learning as it may deem fit.
- 1.3.9 To do all such other acts and things as may be necessary or desirable to further the objectives of the Institute.



## **1.4 UNDER-GRADUATE PROGRAMME**

The Institute runs 8-semester Bachelor of Physical Education (Integrated) programme for catering to the growing demand of Physical Education teachers and practitioners in schools and other institutions. These students also get an opportunity to pursue Master's Degree in Physical Education (M.P.Ed.).

## **1.5 POST-GRADUATE PROGRAMME WITH SPECIALISATIONS {Theory and Activity (Game/Sport)}**

The Institute runs Master's Degree in Physical Education (M.P.Ed.) 4-semester programme in different specialisation namely, Physical Education Pedagogy, Exercise Physiology, Sports Psychology, Sports Biomechanics, Health Education and Sports Management.

These programmes are run by the following departments:

### **1.5.1 DEPARTMENT OF SPORTS BIOMECHANICS**

The Department of Sports Biomechanics caters to the need of students in the area of analysis of human movements and sports techniques. Stress is laid on the development of in-depth knowledge in the area of science of sports techniques and its practical application. The graduates, after passing this course shall be able to analyse the efficiency of human movement and provide scientific backup in the area of sports techniques.

### **1.5.2 DEPARTMENT OF EXERCISE PHYSIOLOGY**

Exercise Physiology is the study of biological and biochemical processes associated with exercise and overload that affect the underlying function of cells and organ systems in the human body. Exercise physiology is a rapidly evolving field that is becoming increasingly important in wellness, care of sports persons and the delivery of health care. Exercise physiologists work to prevent or delay the onset of chronic disease in healthy participants or to provide therapeutic or functional benefits to patients with known diseases. The aim of the Department is to prepare qualified professionals at different levels to promote health and quality of life through the use of appropriate physical activity and lifestyle behaviours.

### **1.5.3 DEPARTMENT OF HEALTH EDUCATION**

The Department aims to disseminate knowledge and proficiency in health care, fitness, total health through different courses by adopting a multidisciplinary approach. The objective is to re-orient the physical education professionals and other graduates in the field of health and

fitness so as to generate vocational opportunities and provide services to the society for wellness and quality living.

#### **1.5.4 DEPARTMENT OF SPORTS PSYCHOLOGY**

Sport psychology is the scientific study of people and their behaviour in a sport and exercise setting. The aim of Sport Psychology is 1) to understand the effects of psychological factors on physical performance; and 2) to understand the effects of participating in physical activity on psychological development, health and well-being. The application of this understanding to real life cases is the essence of Sport Psychology.

#### **1.5.5 DEPARTMENT OF PHYSICAL EDUCATION PEDAGOGY**

The Department of Physical Education Pedagogy is continuously striving for excellence in Physical Education by improving its faculty in terms of qualification, commitment and innovation; updated curriculum; teaching processes and technology.

The mission of the Department of Physical Education Pedagogy is to facilitate research and scholarly enquiry, the preparation of quality professionals, and the provision of services in Health, Physical Education and Recreation. We embrace lifelong opportunities for discovery, learning and participation that contribute to a healthy lifestyle.

#### **1.5.6 DEPARTMENT OF SPORTS MANAGEMENT & COACHING**

The main object is to prepare high quality sport managers, coaches, physical fitness trainers, sports journalist and event managers in various games/sports with micro specializations, in order to cater to the ever-increasing demand of the society and to uplift the standard of Indian sports.

Apart from the Masters' Programme the Department offers 2-semester Post Graduate Diploma in Sports Coaching (PGDSC) and Diploma in Sports Coaching (DSC) for developing competency and enhancing skills of the participants in the field of sports coaching. The Department also offer 2-semester Post Graduate Diploma in Fitness Management (PGDFM), Post Graduate Diploma in Sports Management (PGDSM) and Post Graduate Diploma in Sports Journalism (PGDSJ).

#### **1.5.7 DEPARTMENT OF YOGIC SCIENCES**

The Department offers 4-semester M.A. in Yoga and 2-semester Post Graduate Diploma in Yogic Education (PGDYE) for developing competency and enhancing skills in

the field of Yoga. The main object is to prepare high quality Yogic experts with micro specialization, in order to cater to the ever-increasing demand of the society and to uplift the standard of Indian sports.

## **1.6 HOSTEL AND MESS**

It is mandatory for all the students pursuing full-time B.P.Ed., M.P.Ed., & Diploma Courses to reside in the hostels and take their meals in the mess. A booklet containing rules and regulations regarding discipline and conduct in the Institute's hostel and mess is given to the students at the time of admission.

### **NOTE:**

- 1. Ragging of any kind is strictly prohibited/banned in the Institute campus as per the government orders and existing laws. Anybody found indulging in ragging shall be strictly dealt with as per the existing laws. As per the orders of Hon'ble Supreme Court of India, if any incident of ragging comes to the notice of the authority, the concerned student/s shall be given liberty to explain and if his explanation is not found satisfactory, the authority would not hesitate to expel such student/s from the Institute.**
- 2. As per the UGC Regulation on Curbing the Menace of Ragging in Higher Educational Institutions 2009 as amended from time to time, all the students enrolled in various courses and their parents shall submit separate affidavits in prescribed formats, which are available on the Institute website as well as in the prospectus.**
- 3. For maintaining peace and tranquility and for disciplinary reasons, no student is permitted to keep any motor vehicle in the hostels. Violation of this rule shall invite severe punishment to the extent of expulsion from the Institute.**

## **1.7 HEALTH CENTRE**

The Institute Health Centre provides treatment on a nominal fee i.e. Rs. 300/- per semester for ordinary injuries and ailments under the supervision of resident doctors. Physiotherapy treatment for sports related injuries is also available. In case of emergency, the students are referred to government approved hospitals for further treatment. In such cases, they will have to pay the cost of treatment. Medical officers/wardens are authorised to sign on behalf of the parents/guardians for administration of anesthesia or any form of medical treatment involving risk in an emergency. All students are required to follow the Institute's rules regarding health and medical services. Students are also insured under group Medi-claim Policy.

## **1.8 CO-CURRICULAR ACTIVITIES**

The Institute promotes cultural and literary activities through the Cultural Club and Literary Society respectively, by providing the

students an opportunity to participate in dramatics, music, debates, symposia, quiz competitions etc. The students are also involved extensively in activities like NCC, Camping, Outreach Activities and Adventure Programmes to develop leadership qualities and all-round personality development.

## 1.9 SPORTS PARTICIPATION

Competitive sports are an integral part of the academic programme of the Institute. Since attaining the status of Deemed to be a University, the Institute teams directly participate in the Inter University Tournaments in various games and sports. The Institute teams also participate at different levels as per its policy.

## 1.10 ADMISSION AND RESERVATIONS

1.10.1 The Institute is co-educational and admits candidates from India and abroad. For all courses, the reservation policy of Government of India is applicable.

1.10.2 3% Supernumerary seats in B.P.Ed. and M.P.Ed. courses shall be available for the son/daughter (including married daughter) of permanent employees including those on probation, retired and Serving/retired deceased employees; provided the candidates fulfill the minimum eligibility requirements and claims that he/she belongs to employee ward category in the application form. LNIPE employee wards category candidates are required to submit a certificate issued by the Registrar of LNIPE after certifying their family details from employee service book of the concerned employee.

## 1.11 APPLICATION FOR ADMISSION

Application for admission shall be made **only online** through the Institute website [www.lnipe.gov.in](http://www.lnipe.gov.in), [www.lnipe.edu.in](http://www.lnipe.edu.in) or through [www.mponline.gov.in](http://www.mponline.gov.in). Detailed information is available in this prospectus. The fee for online application is payable through Net Banking/Debit Card/Credit Card or Kiosk of MP Online only and the course and admission centre wise fee is as under:-

Name of the Course	Test Centre	Fees (in rupees)	Remarks (Non-refundable)
<b>B.P.Ed. (Preliminary Testing)</b>	Gwalior	800/-	Testing fee and boarding & lodging (without bedding) during the test.
	Guwahati	800/-	
	All other centre's	200/-	Admission form and testing fee, (Boarding and lodging to be arranged by the candidates.)

<b>B.P.Ed. (Final Testing)</b>	Gwalior	1000/-	Testing fee and boarding & lodging (without bedding) during the test.
	Guwahati	1000/-	
<b>M.P.Ed.</b>	Gwalior	800/-	Testing fee and boarding & lodging (without bedding) during the test.
	Guwahati	800/-	

**In addition to the above fee, the portal charges of MP Online are Rs. 300/- for each application.**

**The candidates qualifying for counseling in B.P.Ed. and M.P.Ed. courses will be required to register themselves for counseling with a fee of Rs. 1000/- (Adjustable in Institute fee) and portal charges of Rs. 300/- which will be payable separately.**

**The candidates are advised to go through the instructions given in the application, as well as, in the prospectus before submission of application.**

### **1.12 DOCUMENTS REQUIRED AT THE TIME OF ENTRANCE TEST**

All eligible candidates (as per the requirement of a particular course) should report for the admission test to the respective test centres on their own along with the following documents:-

- a. Admit Card (to be generated online);
- b. Photo Identity Proof in original (as mentioned in the application form); and
- c. Medical Fitness Certificate in prescribed format.

### **1.13 FOREIGN CANDIDATES**

Foreign candidates applying through Proper Channels/Diplomatic Channels i.e. through concerned Embassy or Indian Council for Cultural Relations shall only be admitted on the basis of their credentials, attainment of minimum qualifying marks in admission test and meeting acceptable standards in medical examination. For details, please refer to **GUIDELINES FOR ADMISSION OF FOREIGN STUDENTS** at [www.lnipe.edu.in](http://www.lnipe.edu.in).

### **1.14 GENERAL CONDITIONS FOR ADMISSION**

The following conditions of admission shall apply to all the candidates seeking admission in different courses:-

- 1.14.1 Candidates expelled from any other Board/Institute/University or dismissed from Government service on disciplinary grounds and those who are known to have been involved in acts of crime and gross indiscipline or misconduct will not be eligible for admission. The Institute may approach the police for verification in this regard. After

admission, if anybody is found guilty in this regard, he/she will have to discontinue the course.

- 1.14.2 The medium of examination shall be either Hindi or English for all the courses.
- 1.14.3 Admission will be granted to the candidates at their own risk and responsibility as per details furnished by them. If, at any time, it is noticed that the admission has been obtained by giving incorrect or false information or concealing information or oversight, the admission granted will be cancelled and the candidate shall be asked to leave the Institute.
- 1.14.4 All the selected candidates will be required to submit attested copies of the following documents along with their respective originals for verification at the time of taking admission after due process of counselling within the stipulated time period for this purpose:-
  - 1.14.4.1 Mark-sheet of the qualifying examination.
  - 1.14.4.2 Proof of date of birth (Mark-sheet of Secondary/Senior Secondary examination).
  - 1.14.4.3 Character certificate from the Institute last attended.
  - 1.14.4.4 Bonafide SC / ST / OBC certificate, if applicable, in prescribed format **Annexure – IX and X.**
  - 1.14.4.5 Declaration regarding non-creamy layer (applicable for OBC candidates only) in prescribed format **Annexure – XI.**
  - 1.14.4.6 Transfer Certificate and Migration Certificate from the Board/University/Institute last attended.\*
  - 1.14.4.7 Declaration of Self and Parents for Medical Fitness at the time of Admission **Annexure – XIII.**
  - 1.14.4.8 Affidavits of self and parents regarding Anti-Ragging in the prescribed format **Annexure – VIII (A) – (B).**
  - 1.14.4.9 Seat Allotment Letter.
  - 1.14.4.10 Affidavits for submission of Migration Certificate / Transfer Certificate **Annexure – XII.**
- 1.14.5 Physical performance tests during the admission process may involve risk of injury or physical strain. The Institute does not take any responsibility in the event of any such eventuality.
- 1.14.6 Candidates failing to meet the stipulated guidelines in the qualifying examination shall not be eligible to appear in the admission test. Similarly, ineligible candidates (those who fail to deposit the required documents by the stipulated date), even after attaining a position in the merit list among

provisionally selected candidates, shall not be eligible for admission.

1.14.7 Candidates should be appropriately dressed to undergo Entrance Test/Physical Fitness/Sport Proficiency Test.

### **1.15 SELECTION OF CANDIDATES**

1.15.1 The selection of candidates on the basis of the entrance test shall be made through the process of online counseling.

1.15.2 The eligibility of candidates to appear in counseling shall be declared in their respective categories, which shall be purely provisional and on the basis of declarations made by the candidates in their application forms. Therefore, the candidates are advised to fill-in the form carefully. If a candidate declares him/her belonging to reserved category but the appropriate documents are not up to the satisfaction of the Institute or have not been submitted at the time of admission, then his/her provisional selection in that category shall stand cancelled automatically.

1.15.3 The selected candidates will be required to undergo a medical test to be conducted by the Institute. All those who are certified as medically fit by the Institute's doctors will be finally admitted.

### **1.16 PAYMENT OF FEES**

The finally selected candidates shall be required to pay the fee online as mentioned in the fee structure under different **Annexures - III, IV, V** for various courses after deduction of Rs. 1000/- that is payable at the time of counseling, which is non-refundable for selected candidates. In case any student fails to deposit the fee within the stipulated period, his/her admission shall stand cancelled and other candidates will be admitted through counseling.

### **1.17 ATTENDANCE, CONDUCT, REFUND OF FEE AND CAUTION MONEY**

1.17.1 The Institute expects 100% attendance from the students in each subject/activity/area of the total curriculum but, due to medical leave/social engagements leave/personal leave, etc., a relaxation of 15% will be given. In exceptional and deserving cases, the Vice-Chancellor may give further relaxation of up to 10% in attendance. Prior to one month from the date of semester examinations the student must have complete 85% attendance. In exceptional and deserving cases, the Vice-Chancellor may give further relaxation of up

to 10% in attendance. Medical Leave and On Duty will only be counted / considered, in cases where the students will have minimum 60% attendance prior to one month before the commencement of Semester Examinations. All faculty members shall submit the attendance every day to HODs through mail and the copy of the same shall also be sent to Vice-chancellor and after every 15 days the HODs shall submit a hard copy of the student attendance to the Vice-chancellor. Regarding attendance of Guwahati centre students while On Duty visits to LNIPE, Gwalior. The Students shall get relieving from Guwahati while coming to Gwalior and shall take relieving from Gwalior while returning back to Guwahati.

- 1.17.2 Students are expected to maintain exemplary conduct inside and outside the Institute. Breach of Institute rules may result in disciplinary action including expulsion from the Institute and the Institute reserves the right to make changes in the rules at any time, which will be notified to the students for their compliance. All the disciplinary cases of the students shall be dealt with as per the 'BYE-LAWS ON DISCIPLINE AND PROPER CONDUCT BY STUDENTS'. At the time of admission, every student shall be required to sign a declaration to the effect that he/she submits himself/herself to the disciplinary jurisdiction of the Vice-Chancellor and other statutory bodies/authorities of the Institute.
- 1.17.3 Students involved in gross misconduct and found guilty will be punished suitably, which includes barring them from representing LNIPE teams in Inter University / suspension for a duration of one year /debaring from the hostel & mess/ admission to higher courses in future /rustication from the Institute depending upon the severity of the act.
- 1.17.4 Refund of fee to the students shall be regulated as per the UGC norms as revised from time to time.
- 1.17.5 Refund of caution money (if due) shall be made by the Institute only after the declaration of the final result of the course and on production of the no dues certificate.
- 1.17.6 Students are advised to visit notice boards regularly, displayed at different places pertaining to academic matters. They should also regularly visit **"Student's Corner"** at the homepage of the Institute website.
- 1.17.7 The students are supplied a copy of the Institute Rule Book on admission.

## **1.18 UNIFORM**



Students of all the courses will be provided required uniform from the Institute Central Store on actual cost. The details of required fee for this purpose are given in respective fee **ANNEXURES – VI**.

### **1.19 SPORTS EQUIPMENT**

All the students have to procure personal equipment as specified for different games/sports on their own.

### **1.20 CLOTHING AND OTHER REQUIREMENTS**

Due to extreme weather conditions, both at Gwalior and Guwahati, the temperature ranges between 35°C and 45°C in summers, and 5°C and 12°C in winters. Hence, the students are advised to bring appropriate bedding and clothing.

### **1.21 SCHOLARSHIPS**

#### **1.21.1 Merit Scholarship**

The Merit Scholarship shall be awarded as per Institute rules approved by competent authority.

#### **1.21.2 Other Scholarships**

Most of the State and Union Territory Governments offer scholarships to their domiciled students, like Assam, Arunachal Pradesh, Gujarat, Himachal Pradesh, Karnataka, Lakshadweep, Tripura, Uttar Pradesh, Maharashtra, Madhya Pradesh, Nagaland, Pondicherry, Punjab, Tamil Nadu and West Bengal. In addition, scholarships are also awarded by the North East Council. As per the directives of the University Grants Commission, all the eligible SC/ST, OBC students should submit their scholarship form for the academic year by February for processing the scholarship.

#### **1.21.3 Prof. R.P. Sharma Scholarship**

The best footballers (one Man and one Woman) will be awarded this scholarship amounting to Rupees one thousand (Rs. 1000/-) each year from the interest of the fixed deposit made by the family members of (Late) Prof. R.P. Sharma.

#### **1.21.4 Sports Scholarship**

The Merit Scholarship shall be awarded as per Institute rules approved by competent authority.

#### **NOTE:**

**Award of any scholarship is liable to be withdrawn in case of unsatisfactory work or misconduct.**

## **1.22 AWARD OF DEGREE/DIPLOMA**

The selected candidates shall be awarded the Degree/Diploma to which they have been admitted subject to successful completion of the examination as per requirements prescribed under the rules/scheme of examination of the relevant courses, which is available on Institute website [www.lnipe.edu.in](http://www.lnipe.edu.in).

**1.23 The proposed courses will be run subject to administrative feasibility. The Institute may decide to run or not to run any course proposed in this prospectus.**

**1.24 The Institute has a right to alter or modify contents of the prospectus as per the administrative feasibility in future.**

**1.25 This prospectus supersedes all previous issues and the contents of this and any previous prospectus cannot be produced for any legal purpose. All disputes, however, shall be subject to Gwalior Jurisdiction.**

**1.26 The cost of online and offline application is non-refundable.**

**1.27 In case of any discrepancies in the English & Hindi version of the prospectus, the English version will be authentic and valid.**

## 1.28 Dates of Entrance Examination alongwith Course Information for Academic Session 2017-18

Name of Course	Course Duration	Total seats	Last Date of receipt application	Admission Testing Centre	Dates of Admission / Eligibility Test
Bachelor of Physical Education (B.P.Ed.)	8 Semesters	100 at LNIPE Gwalior and 100 at NERC, Guwahati	01 <sup>st</sup> June, 2017	Coimbatore Dehradun Guwahati Gwalior Jaipur Kolkata Patiala Pune Ranchi	<b>Preliminary Test:</b> 12 <sup>th</sup> – 14 <sup>th</sup> June, 2017 <b>Final Test:</b> <b>at Guwahati</b> 25 <sup>th</sup> to 28 <sup>th</sup> June, 2017 <b>at Gwalior</b> 28 <sup>th</sup> June to 01 <sup>st</sup> July, 2017
Master of Physical Education (Sports Biomechanics)	4 Semesters	80 (LNIPE, Gwalior) 40 at LNIPE, NERC Guwahati	08 <sup>th</sup> June, 2017	Gwalior, Guwahati	<b>Admission Test:</b> <b>at Guwahati</b> 19 <sup>th</sup> to 21 <sup>st</sup> June, 2017 <b>at Gwalior</b> 21 <sup>st</sup> to 23 <sup>rd</sup> June, 2017
Master of Physical Education (Exercise Physiology)					
Master of Physical Education (Health Education)					
Master of Physical Education (Sports Psychology)					
Master of Physical Education (Physical Education Pedagogy)					
Master of Physical Education (Sports Management)					
M.A. in Yoga	4 Semesters	20	28 <sup>th</sup> June, 2017	Gwalior	03 <sup>rd</sup> – 04 <sup>th</sup> July, 2017
Post Graduate Diploma in Fitness Management (PGDFM)	2 Semesters	20 in Each Diploma	10 <sup>th</sup> July, 2017	Gwalior	13 <sup>th</sup> – 14 <sup>th</sup> July, 2017
Post Graduate Diploma in Sports Management (PGDSM)					
Post Graduate Diploma in Sports Journalism (PGDSJ)					
Post Graduate Diploma in Sports Coaching (PGDSC) (Athletics, Basketball, Badminton, Cricket, Football, Gymnastics, Hockey, Swimming, Tennis, and Volleyball)	2 Semesters	15 (In each Sports/Game)	28 <sup>th</sup> June, 2017	Gwalior	03 <sup>rd</sup> – 04 <sup>th</sup> July, 2017
Diploma in Sports Coaching (DSC) <b>(for in-service Defense personnel only)</b> (Athletics, Basketball, Football and Volleyball)		15 (In each Sports/Game)			
Post Graduate Diploma in Yoga Education (PGDYEd)	2 Semesters	20	10 <sup>th</sup> July, 2017	Gwalior	13 <sup>th</sup> – 14 <sup>th</sup> July, 2017
Ph.D	As per Institute's Ordinance	30	10 <sup>th</sup> July, 2017	Gwalior	RET 18 <sup>th</sup> July, 2017
B.A. (Sports)	6 Semesters	30	30 <sup>th</sup> June, 2017	Gwalior	07 <sup>th</sup> – 10 <sup>th</sup> July, 2017

## 2. BACHELOR OF PHYSICAL EDUCATION (B.P.Ed.): 8-SEMESTER

### 2.1 ADMISSION SCHEDULE

Last Date of Receipt of Application	01 <sup>st</sup> June, 2017
Availability of Downloading the Admit Card for Preliminary Admission Test (Online)	05 <sup>th</sup> June, 2017 onwards
Reporting Time for Preliminary Admission Test at various centres	10:00 am on 12 <sup>th</sup> June, 2017
Dates of Preliminary Admission Tests at various centres	12 <sup>th</sup> to 14 <sup>th</sup> June, 2017
Preliminary Admission Test Centres	As per list given in <b>ANNEXURE- I</b>
Availability of Downloading the Admit Card for Final Admission Test (Online)	21 <sup>st</sup> June, 2017 onwards
Dates of Final Admission Test at Guwahati	25 <sup>th</sup> to 28 <sup>th</sup> June, 2017 (Report at 3.00 pm on 25 <sup>th</sup> June, 2017)
Dates of Final Admission Test at Gwalior	28 <sup>th</sup> June to 01 <sup>st</sup> July, 2017 (Report at 09.00 am on 28 <sup>th</sup> June, 2017)
Place of Final Admission Test	LNIFE, Gwalior & NERC, Guwahati
Total No. of Seats	100 (at LNIFE, Gwalior) 100 (at NERC, Guwahati)
Entrance Test Result (online)	03 <sup>rd</sup> July, 2017

### 2.2 COUNSELING SCHEDULE

Schedule	1 <sup>st</sup> Phase	Up-gradation of seat after 1 <sup>st</sup> Phase	2 <sup>nd</sup> Phase
Counseling dates (online)	04 <sup>th</sup> – 05 <sup>th</sup> July, 2017	-	22 <sup>nd</sup> – 23 <sup>rd</sup> July, 2017
Seat Allotment Letter (online)	07 <sup>th</sup> July, 2017	14 <sup>th</sup> July, 2017	25 <sup>th</sup> July, 2017
Medical Examination dates – at admission centre after selection)*	11 <sup>th</sup> – 12 <sup>th</sup> July, 2017	18 <sup>th</sup> – 19 <sup>th</sup> July, 2017	29 <sup>th</sup> July, 2017
Payment of Registration Fee & dates for selected candidates	-do-	-do-	-do-
Commencement of Classes/Orientation	13 <sup>th</sup> July, 2017	-	-

#### A. Division and Reservation of seats at LNIFE, Gwalior:

Category	Men	Women	Total
SC (15%)	11	5	16
ST (7.5%)	5	2	7
OBC (27%)	19	8	27
General	35	15	50
<b>TOTAL SEATS</b>	<b>70</b>	<b>30</b>	<b>100</b>
Jammu & Kashmir Migrants (Supernumerary)		02	02
Ward of LNIFE staff (Supernumerary)		03	03

**B. Division and Reservation of seats at NERC, Guwahati:**

Category	Men	Women	Total
SC (15%)	11	5	16
ST (7.5%)	5	2	7
OBC (27%)	19	8	27
General	35	15	50
<b>TOTAL SEATS</b>	<b>70</b>	<b>30</b>	<b>100</b>
Jammu & Kashmir Migrants (Supernumerary)		02	02
Ward of LNIPe staff (Supernumerary)		03	03

**NOTE:**

**The duration of the B.P.Ed. Course is 4 years (8 semesters). A candidate must complete the Course and pass the final examination within eight academic years from the first admission to B.P.Ed. Programme.**

**2.3 ELIGIBILITY FOR ADMISSION:**

A candidate shall be eligible to appear in admission test:

- 2.3.1 If he/she has passed Senior Secondary Certificate Examination (10+2) or Intermediate/equivalent examination from any recognized Education Board/University etc. with at least 50% Marks for General and OBC categories. 45% Marks for SC/ST category and also for candidates who have participated in International/National/Inter University/School Nationals Games (SGFI) in Sports Competitions or position holders of Inter-Zonal University Games / Sports. No other championship shall be considered.
- 2.3.2 The reservation of seats and/or relaxation in qualifying marks for SC/ ST/OBC and other categories shall be as per the rule of Government of India.
- 2.3.3 Before reporting for admission the candidate should read the General Conditions for Admission at para 1.14.
- 2.3.4 The age of the candidate should be below 21 years for general category. The age limit is relaxable up to 24 years for OBC candidates and 26 years in case of SC & ST candidates. For foreign candidates the upper age limit shall be 25 years. The age will be reckoned as on 1<sup>st</sup> July 2017.

**NOTE:**

- 1. All the candidates appearing as Supplementary / Compartment candidates in qualifying examinations for the session 2016-17 are eligible for appearing in Entrance Test but their final results must be declared by 10<sup>th</sup> July, 2017. Else they will not be entitled for Registration.**
- 2. Candidates should note that no “call letter” for the Entrance Test shall be sent to them by Post. They should Download the admit card Online after filling up the Online Admission Form.**

## 2.4 WOMEN CANDIDATES:

Married girl is eligible for admission. But if she conceives during the course, she will have to discontinue her studies for at least one Academic Year. She can join back afresh from the beginning of the semester keeping the Guidelines pertaining to the Maximum Duration of the course in mind. But she will not be allowed to keep the infant along with her in the Hostel.

## 2.5 CHOICE OF STUDY CENTRE

All the candidates applying for B.P.Ed admission shall give their choice of study centre.

**Study Centre-1 : LNIPE, Gwalior**

**Study Centre-2 : LNIPE, NERC Guwahati**

### NOTE:

**Once opted, the study center will not be changed in entire duration of the course.**

## 2.6 ADMISSION PROCEDURE

Admission shall be made on merit, on the basis of Marks (Merit) obtained in the Entrance Test as per the policy of the Institute.

### **TESTING AREAS:**

At the stage of preliminary admission test (at various centers)

2.6.1	Physical Fitness	100 marks
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### **NOTE:-**

- In preliminary admission test, a candidate has to obtain atleast 50% Marks with attempt in all items of physical fitness test to qualify for the final admission test at LNIPE Gwalior centre and NERC Guwahati centre. The choice of final testing centre has to be mentioned by the candidate in the application form. If selected the candidate has to report directly for the final admission test on the chosen centre as per the scheduled dates.**
- The performance in preliminary admission test, is only qualifying for the final stage of admission test and will not be carried forward in the final Selection process.**

The final admission test will be conducted at LNIPE, Gwalior and LNIPE, NERC, Guwahati Centre (As per the option of the candidate) in the following area.

2.6.2	<b>Written test:</b> General Awareness, Sports awareness, Sport General knowledge, Reasoning and Comprehensive skills <b>(The written test will be conducted on 28<sup>th</sup> June, 2017 from 11.00am to 12.30pm)</b>	100 marks
2.6.3	<b>Skill &amp; Performance Test:</b> Proficiency in Games & Sports	100 Marks

**NOTE:-**

1. The marks obtained by the candidate in Final admission test will be taken for preparation of merit list as per the following weightage ( Out of Total 100 marks):
  - a. 40 % of obtained marks in written test
  - b. 60 % of obtained marks in skill & performance test.
2. Appearance in written test, skill & performance test and physical fitness test is mandatory in order to be eligible for consideration for admission.
3. Admission to physically challenged candidates of any category is not permissible, as candidates of this course are required to perform sports and other physical activities.

## **2.7 DETAIL OF TESTS**

### **2.7.1 Physical Fitness:**

Marks will be awarded in Physical Fitness on the basis of performance in 50 meters sprint, standing broad jump, over head back throw and 1000 meters run/walk. The norms to convert the performance into points are given in **ANNEXURE –II (A) to II (D)**.

### **2.7.2 Written test:**

The objective type questions from General Awareness, Sports awareness, Sport General Knowledge, Reasoning and Comprehensive skills will form the written test. The duration of written test will be of **90 minutes**.

### **2.7.3 Proficiency in Games & Sports:**

Marks will be awarded by a committee on the basis of skills performed in one game/sport, as opted by the candidate. Testing shall be done in following games/sports: Archery, Artistic Gymnastics, Badminton, Basketball, Cricket, Football, Handball, Hockey, Judo, Kabaddi, Kho-Kho, Lawn Tennis, Squash Rackets, Softball, Swimming, Diving & Water Polo, Table Tennis, Track & Field, Volleyball, Weight-Lifting, Power Lifting and Best Physique, Wrestling, Yoga, Canoeing / Kayaking and Cycling.

**NOTE:**

- a. The candidate should report for written test as well as games/ sports testing on the scheduled date at 9:00 am on the respective testing centers.
- b. Archery, Canoeing / Kayaking and Cycling will be tested at LNIPE, NERC, Guwahati Centre only.

## **2.8 DIRECT ADMISSION**

All such candidates who have represented India in any International Championship such as Junior and Senior World Championships, Junior and Senior World Cups, Junior and Senior Asian

Championships, Junior and Senior Asian Cups, Common Wealth Games, Asian Games, Afro-Asian Games, SAF Games, World School Games/World Schools Championship. Representation shall be in such games/sports which are approved by AIU/IOA/MYAS. Such participation must be after 01 December, 2012. The candidates with such participation in Sports/Games will be given age relaxation of 3 years (24 years). All such candidates who will fulfill above mentioned criteria are entitled or will be granted direct admission.

## **2.9 FEE STRUCTURE**

Each Student shall pay the fee as given in **ANNEXURE - III**.

## **2.10 UNIFORM**

Students of B.P.Ed. I Semester will be required to possess the Uniform from the central store as per Institute rules, which are mentioned in **ANNEXURE - VI**. The uniform will be provided by the Institute on actual cost basis.

## **2.11 COURSE INFORMATION**

During the eight-semester course, the students will be taught / provided experience in the following areas:

PART-A	Theory Subjects
PART-B	Activities (Games & Sports)
PART-C	Teaching Practice (Activity and Theory)
PART-D	Sport/Game Specialization
PART-E	Internship

In B.P.Ed.-I, II, III & IV Sem. Part- A and B will be taught. In B.P.Ed.- V & VI Sem. Part-A, B, and C will be taught. In B.P.Ed.- VII & VIII Sem. Part-A, Part-C and Part-D will be taught, whereas practical experience will be provided in Part-E in VII Semester.

### **2.11.1 PART-A: THEORY**

**The following subjects will be taught in B.P.Ed. eight-semester course:**

Introduction & History of Physical Education; English & Communication Skills; Fundamentals of Computer & IT; Anatomy & Physiology; Educational Technology; Introduction to Social Science & Environmental Studies; Recreation; Methods in Physical Education; Educational Psychology; Kinesiology; Adapted physical Education and Movement Education; Correctives & Rehabilitation; Fitness Management; Basics of Sports Training; Health Education; Measurement and Evaluation in Physical Education; Introduction to Exercise Prescription and Management of Physical Education and Sports.



**NOTE:**

**The Subjects mentioned in Part-A can be altered / replaced / deleted keeping administrative feasibility in mind.**

**2.11.2 PART-B: ACTIVITY**

**The following activities will be taught in B.P.Ed. Eight semester course:**

Track & Field; Swimming; Basketball; Light Apparatus and Minor Games; Kabaddi; Football; Weight Training; Kho-Kho; Gymnastics; Hockey; Volleyball; Handball, Judo; Wrestling (Boys)/ Rhy. Gymnastics (Girls) at Gwalior / Archery at Guwahati; Tennis; Cricket; Yoga; Badminton; Weight Lifting, Power Lifting & Best Physique; Table Tennis; Squash (Gwalior)/ Cycling (Guwahati) .

**NOTE:**

**The games/sports/activities mentioned in Part-B can be changed keeping administrative feasibility in mind.**

**2.11.3 PART-C: TEACHING PRACTICE (V TO VIII SEMESTERS)**

Activity Teaching is included in B.P.Ed.- V & VI semesters under Teaching Practice whereas Theory Teaching is included in B.P.Ed. VII & VIII semesters. Activity teaching includes 10 lessons on Skills of Games and Sports, Calisthenics, Light Apparatus, Marching, Handling Primary Class, Rhythmics, fundamental Skills of games and sports, Teaching Children with Special needs etc. Theory teaching includes 10 lessons in subjects which are taught in B.P.Ed. and rules and their interpretations pertaining to games and sports.

**2.11.4 PART-D: SPORTS SPECIALIZATION**

Sport/Game specialization is offered in B.P.Ed.-VII & VIII semesters and includes any one of the following sports/games keeping administrative feasibility in mind: Badminton, Basketball, Cricket, Football, Gymnastics, Hockey, Handball, Judo, Swimming, Squash Rackets, Tennis, Track & Field, Volleyball, Table Tennis, Weight Lifting and Yoga. Sports Specialization includes the following three areas:

2.11.4.1 Theory of Game/Sport

2.11.4.2 Skill Proficiency

2.11.4.3 Coaching Lessons

**2.11.5 PART-E: INTERNSHIP**

Internship is to be completed in the following areas:

1. Teaching physical education activities in school.
2. Teaching Physical Education subject in school

3. Training at health centre / fitness centre / Health club
4. Training at nursery/ academy of games and sports.  
The Internship Programme will be after VI Semester but, before joining VII Semester.

**NOTE:**

**The duration of internship shall be about 6 to 8 weeks.**

**2.11.6 OTHER ACTIVITIES:**

Besides the above-mentioned subjects and activities, the Institute organizes a Leadership Training Camp of 07-day duration for IV semester students, which is mandatory requirement for B.P.Ed. Programme.

**The admissions to B.P.Ed. Programme will be closed on 14<sup>th</sup> August, 2017.**

### 3. MASTER OF PHYSICAL EDUCATION (M.P.Ed.): 4-SEMESTER

#### 3.1 DISCIPLINE / SPECIALISATION AREAS

Master of Physical Education (M.P.Ed.) shall be available in the following areas:

- 3.1.1 Physical Education Pedagogy
- 3.1.2 Exercise Physiology
- 3.1.3 Sports Biomechanics
- 3.1.4 Sports Psychology
- 3.1.5 Health Education
- 3.1.6 Sports Management

#### 3.2 ADMISSION SCHEDULE

Last Date of Receipt of online Application	08 <sup>th</sup> June, 2017
Availability of Downloading the Admit Card (Online)	13 <sup>th</sup> June, 2017
Reporting Time for Admission Test at testing centre (NERC Guwahati)	10:00 am on 19 <sup>th</sup> June, 2017
Reporting Time for Admission Test at testing centre (LNIPE Gwalior)	08:00 am on 21 <sup>st</sup> June, 2017
Dates of Admission Tests	At NERC Guwahati – 19 <sup>th</sup> – 21 <sup>st</sup> June, 2017 At LNIPE, Gwalior – 21 <sup>st</sup> – 23 <sup>rd</sup> June, 2017
Venue of Admission Test	LNIPE, Gwalior and NERC, Guwahati
Total No. of Seats	80 (Gwalior) 40 (Guwahati)
Entrance Test Result (online)	28 <sup>th</sup> June, 2017

#### 3.3 COUNSELING SCHEDULE

Schedule	I-Phase	II-Phase
Counselling of qualified candidates (online)	29 <sup>th</sup> – 30 <sup>th</sup> June, 2017	11 <sup>th</sup> – 12 <sup>th</sup> July, 2017
Seat Allotment Letter (Online)	03 <sup>rd</sup> July, 2017	13 <sup>th</sup> July, 2017
Reporting in person, verification of original documents and Medical Examination at Study Centre.	07 <sup>th</sup> – 08 <sup>h</sup> July, 2017	17 <sup>th</sup> – 18 <sup>th</sup> July, 2017
Registration and Payment of fee (online)	-do-	-do-
Commencement of classes	10 <sup>th</sup> July, 2017	-

#### Reservation of seats:

Category	LNIPE Gwalior	NERC Guwahati
SC (15%)	12	06
ST (7.5%)	06	03
OBC (27%)	22	11
General	40	20
<b>Total</b>	<b>80</b>	<b>40</b>
Jammu & Kashmir Migrants (Supernumerary)	02	02
Ward of LNIPE staff (Supernumerary)	02	01

#### NOTES:

1. A candidate should complete the requirement for obtaining the degree within a period of 4 years from the date of admission to M.P.Ed.
2. The Department should have candidates belonging to different reservation categories in proportionate to the number of seats given to the department.

### 3.4 ELIGIBILITY FOR ADMISSION

3.4.1 Bachelor of Physical Education (B.P.Ed) or equivalent with at least 50% marks.

**OR**

3.4.2 Bachelor of Science (B.Sc.) in Health and Physical Education with at least 50% marks.

#### **NOTES:**

- 1. All the candidates appearing as Supplementary / Compartment candidates in qualifying examinations for the session 2016-17 are eligible for appearing in Entrance Test but their final results must be declared by 06<sup>th</sup> July, 2017. Else they will not be entitled for Registration.**
- 2. Candidates should note that no “call letter” for the entrance test shall be sent to them by post. They should download the admit card online after filling up the online admission form.**

### 3.5 WOMEN CANDIDATES

Married girl is eligible for admission. But if she conceives during the course, she will have to discontinue her studies for at least one Academic Year. She can join back afresh from the beginning of the semester keeping the Guidelines pertaining to the Maximum Duration of the course in mind. But she will not be allowed to keep the infant along with her in the Hostel.

### 3.6 CHOICE OF STUDY CENTRE

All the candidates applying for M.P.Ed admission shall give their choice of study centre.

**Study Centre 1 : LNIPE, Gwalior**

**Study Centre 2 : LNIPE, NERC Guwahati**

#### **NOTE:**

**There shall be no migration permitted from one study centre to another study centre.**

### 3.7 ADMISSION PROCEDURE

Admission shall be made on merit, on the basis of Marks (Merit) obtained in the Entrance Test as per the policy of the Institute.

#### **1. TESTING AREAS:**

At the stage of admission procedure the following test will be conducted.

3.7.1	<b>Written test:</b> Based upon courses of B.P.Ed. Programme (II Year after Graduation or Integrated 4 years programme after 10+ 2). Syllabus of written test is given in <b>Annexure – VII. The written test will be conducted on 21<sup>st</sup> June from 11am to 1.00pm)</b>	100 marks
3.7.2	<b>Skill &amp; Performance Test :</b> Proficiency in Games & Sports	100 Marks

**NOTE:-**

- 1. The marks obtained by the candidate in admission test will be considered for preparation of merit list.**
- 2. Appearance in written test, skill & performance test and physical fitness test is mandatory in order to be eligible for consideration for admission.**
- 3. Admission to physically challenged candidates of any category is not permissible, as candidates of this course are required to perform sports and other physical activities.**

### **3.8 DETAIL OF TESTS**

#### **3.8.1 Written test:**

The duration of Written Test will be **2 hours** and shall comprise of Professional Competence in physical Education and Sports. The Syllabus for professional competence in physical Education and Sports is placed at **ANNEXURE – VII**. The questions of written test will be objective in nature.

#### **3.8.2 Proficiency in Games & Sports:**

Marks will be awarded by a committee on the basis of technique, execution and/ or overall playing ability performed in one game/sport, as opted by the candidate. Testing shall be done in AIU approved games/sports only.

**NOTE:-**

**Specialization will be provided only in the following Games-Badminton, Basketball, Cricket, Football, Gymnastics, Hockey, Judo, Swimming, Tennis, Volleyball, Yoga, Table Tennis, Track & Field & Weight Lifting, Handball.**

### **3.9 DIRECT ADMISSION**

All such candidates who have represented India in any International Championship such as Junior and Senior World Championships, Junior and Senior World Cups, Junior and Senior Asian Championships, Junior and Senior Asian Cups, Common Wealth Games, Asian Games, Afro-Asian Games, SAF Games, World School Games/World Schools Championship. Representation shall be in such games/sports which are approved by AIU/IOA/MYAS. Such participation must be after 01 December, 2012. The candidates with such participation in Sports/Games shall not be above 25 years of age. All such candidates who will fulfill above mentioned criteria are entitled or will be granted direct admission. The age will be reckoned as on 01<sup>st</sup> July, 2017.

### **3.10 FEE STRUCTURE**

Each student shall pay the fee as given in **ANNEXURE –IV**.

### 3.11 UNIFORM

Students of M.P.Ed. – I Semester will be required to possess the Uniform as per Institute rules, which are mentioned at **ANNEXURE- VI** before starting of the classes. The uniform will be provided by the institute on actual cost basis.

### 3.12 COURSE INFORMATION

During the Four - semester course, students will be taught / provided experience in the following areas:

PART-A	Theory Subjects
PART-B	Sport/Game Specialization
PART-C	Teaching Practice (Theory)
PART-D	Internship

#### 3.12.1 PART – A [THEORY]

**The following subjects will be taught in M.P.Ed Four-Semester Course :** Research Method, Applied Statistics, Science of Sport Training, Yogic Sciences, Adapted Physical Education, ICT in Physical Education, Sports Medicine and Athletic Care and Rehabilitation, Physical Fitness and Wellness, Exercise Physiology, Essential of Educational Technology, Health Education, Sports Biomechanics, Sports Management, Sports Psychology, Sports Journalism, Gender and Inclusive Education, Basics of Educational Methods, Curriculum Design in Physical Education, Recreation, Sports Nutrition, Evaluation Techniques in Physical Education & Dissertation.

**NOTE:**

**The Subjects mentioned above shall be offered as per administrative/feasibility of the Institute.**

#### 3.12.2 PART-B: SPORTS SPECIALIZATION

Sport/Game specialization is offered in M.P.Ed.-I to III semesters and includes any one of the following sports/games: Badminton, Basketball, Cricket, Football, Gymnastics, Hockey, Judo, Swimming, Tennis, Track & Field, Volleyball, Table Tennis, Weight Lifting, Yoga and Handball. Sports Specialization includes the following three areas:

3.12.2.1 Theory of Game/Sport

3.12.2.2 Skill Proficiency

3.12.2.3 Coaching Lessons

**NOTE:**

**The games/sports/activities mentioned in Part-B can be altered / replaced / deleted keeping administrative feasibility in mind.**

#### 3.12.3 PART-C: TEACHING PRACTICE

#### 3.12.4 PART-D: INTERNSHIP PROGRAMME

**The admissions to M.P.Ed. Programme will be closed on 14<sup>th</sup> August, 2017.**

## 4. MASTER OF ARTS (M.A) IN YOGA: 4-SEMESTER

### 4.1 ADMISSION SCHEDULE

Last Date of Receipt of Application (offline)	28 <sup>th</sup> June, 2017
Dates of Admission Tests	03 <sup>rd</sup> – 04 <sup>th</sup> July, 2017
Reporting Time for Admission Test	09:00 am on 03 <sup>rd</sup> July, 2017
Venue	Department of Yogic Sciences , LNIPE, Gwalior
Reporting in Person, Verification of Original Document, Medical Examination Registration and Payment of Fee	07 <sup>th</sup> – 08 <sup>th</sup> July, 2017
Total No. of Seats	20
Commencement of Classes	10 <sup>th</sup> July, 2017

### 4.2 RESERVATION OF SEATS:

Category	Seats
SC (15%)	: 03
ST (7.5%)	: 02
OBC (27%)	: 05
GENERAL	: 10
TOTAL	: 20

#### **NOTE:**

**A candidate should complete the degree within a maximum span of 4 years from the date of admission to M.A. (Yoga).**

### 4.3 ELIGIBILITY FOR ADMISSION

Bachelor Degree in any discipline recognized by the University/Institute or equivalent with 45% aggregate marks (40% for SC/ST candidate)

### 4.4 WOMEN CANDIDATES

Married girl is eligible for admission. But if she conceives during the course, she will have to discontinue her studies for at least one Academic Year. She can join back afresh from the beginning of the semester keeping the Guidelines pertaining to the Maximum Duration of the course in mind. But she will not be allowed to keep the infant along with her in the Hostel.

### 4.5 ADMISSION PROCEDURE

Admission shall be given on merit in the Entrance Test.

### 4.6 ADMISSION TEST (100 MARKS)

The admission test includes the following areas:

<b>Practical</b>	<b>:</b>	<b>50 Marks</b>
<b>Written Test</b>	<b>:</b>	<b>50 Marks</b>

**NOTE:**

- 1. Appearance in written test, skill & performance test and physical fitness test is mandatory in order to be eligible for consideration for admission.**
- 2. Admission to physically challenged candidates of any category is not permissible, as candidates of this course are required to perform physical activities.**

**4.7 PROCEDURE FOR CONDUCTING TESTS:**

<b>Written Test</b>	:	Basic Awareness in the field of Yoga (Subjective and Objective questions)
<b>Practical</b>	:	The applicant will be tested in Yogic Practices

**4.8 FEE STRUCTURE**

Each student shall pay the fee as given in **ANNEXURE –IV**.

**4.9 UNIFORM**

Students of M.A. in Yoga – I Semester will be required to possess the Uniform as per Institute rules, which are mentioned in **ANNEXURE –VI** before starting of the classes. The uniform will be provided by the institute on actual cost basis.

**4.10 COURSE CONTENT:**

Theory Subjects to be taught in four semesters are as follows:

**THEORY SUBJECTS:**

Foundation of Yoga; Human Anatomy and Physiology; Research Method; Applied Statistics; Patanjali Yoga Sutras; Principles and Practices of Hatha Yoga (According to Hatha Yogapradipika); Indian Philosophy; Human Anatomy and Physiology; Principles and Practices of Hatha Yoga (Gheranda Samhita); Yoga Therapy; Alternative Therapies; Principles of Psychology; Yoga Therapy; Yoga and Mental Health; Naturopathy; Dissertation

**NOTE:**

**The Subjects mentioned above shall be offered as per administrative/feasibility of the Institute.**

**PRACTICAL**

Asanas, Pranayam, Meditation and Kriyas, Bandha etc

**NOTE:**

**Contents can be replaced keeping administrative feasibility in mind.**

**The admissions to M.A. (Yoga) Programme will be closed on 14<sup>th</sup> August, 2017.**



## 5. POST GRADUATE DIPLOMA IN FITNESS MANAGEMENT (PGDFM): 2-SEMESTER

### 5.1 ADMISSION SCHEDULE:

Last Date of Receipt of Application (offline)	10 <sup>th</sup> July, 2017
Reporting Time for Admission Test	09:00 am on 13 <sup>th</sup> July, 2017 at LNIPE, Gwalior
Venue	Department of Sports Management and Coaching, LNIPE, Gwalior
Dates of Admission Tests	13 <sup>th</sup> – 14 <sup>th</sup> July, 2017
Reporting in Person, Verification of Original Document, Medical Examination Registration and Payment of Fee	19 <sup>th</sup> – 20 <sup>th</sup> July, 2017
Total No. of Seats	20
Commencement of Classes	24 <sup>th</sup> July, 2017

### 5.2 RESERVATION OF SEATS:

Category	Total Seats
SC (15%)	03
ST (7.5%)	02
OBC (27%)	05
GENERAL	10
<b>Total</b>	<b>20</b>

#### **NOTE:**

**A candidate should complete the Diploma within a maximum span of 2 years from the date of admission to the course.**

### 5.3 ELIGIBILITY FOR ADMISSION:

Bachelor Degree in any discipline recognized by the University/ Institute or equivalent with 45% aggregate marks (40% for SC/ST candidate)

#### **NOTE:**

- All the candidates appearing as Supplementary / Compartment candidates in qualifying examinations for the session 2016-17 are eligible for appearing in Entrance Test but their final results must be declared by 18<sup>th</sup> July, 2017. Else they will not be entitled for Registration.**
- Candidates should note that no “call letter” for the entrance test shall be sent to them by post.**

### 5.4 WOMEN CANDIDATES:

Married girl is eligible for admission. But if she conceives during the course, she will have to discontinue her studies for at least one Academic Year. She can join back afresh from the beginning of the semester keeping the Guidelines pertaining to the Maximum Duration of the course in mind. But she will not be allowed to keep the infant along with her in the Hostel.

## **5.5 TESTING AREAS:**

**Physical Fitness Test : 60 Marks**

Marks will be awarded in Physical Fitness on the basis of performance in 50 meters sprint, standing broad jump, over head back throw and 1000 meters run/walk. The norms to convert the performance into points are given in **ANNEXURE –II (A) to II (D)**.

**General Awareness (Written Test) : 40 Marks**

Objective type questions on General Awareness, Sports awareness, Sport General knowledge will form the written test. The duration of written test will be of **90 minutes**.

### **NOTE:**

- 1. Appearance in written test and physical fitness test is mandatory in order to be eligible for consideration for admission.**
- 2. Admission to physically challenged candidates of any category is not permissible, as candidates of this course are required to perform sports and other physical activities.**

## **5.6 FEE STRUCTURE:**

Each Student shall pay the fee as given in **ANNEXURE – IV**.

## **5.7 UNIFORM:**

Students of PGDFM I Semester will be required to possess the Uniform from the Central Store as per Institute rules, which are mentioned in **ANNEXURE – VI**. The uniform will be provided by the Institute on actual cost basis.

## **5.8 COURSE INFORMATION:**

Details of Theory Subjects and Practical Skills are as follows:

### **THEORY SUBJECTS:**

Fitness & Wellness-I; Health Club Management & Therapeutic Aspects of Fitness-I; Applied Human Anatomy & Physiology; Yoga & Naturopathy-I; Fitness Management-I; Fitness & Wellness-II; Health Club Management & Therapeutic Aspects of Fitness-II; Management of Special Areas in Fitness; Yoga & Naturopathy-II; Fitness Management-II

### **PRACTICAL:**

(Fitness Lesson Plan-II; Sports & Gym Training Proficiency-I; Internship Programme; Sports & Gym Training Proficiency-II)

**The admissions to PG Diploma will be closed on 14<sup>th</sup> August, 2017.**

## 6. POST GRADUATE DIPLOMA IN SPORTS MANAGEMENT (PGDSM): 2-SEMESTER

### 6.1 ADMISSION SCHEDULE:

Last Date of Receipt of Application (offline)	10 <sup>th</sup> July, 2017
Reporting Time for Admission Test	09:00 am on 13 <sup>th</sup> July, 2017 at LNIPE, Gwalior
Venue	Department of Sports Management and Coaching, LNIPE, Gwalior
Dates of Admission Tests	13 <sup>th</sup> – 14 <sup>th</sup> July, 2017
Reporting in Person, Verification of Original Document, Medical Examination Registration and Payment of Fee	19 <sup>th</sup> – 20 <sup>th</sup> July, 2017
Total No. of Seats	20
Commencement of Classes	24 <sup>th</sup> July, 2017

### 6.2 RESERVATION OF SEATS:

Category	Total Seats
SC (15%)	03
ST (7.5%)	02
OBC (27%)	05
GENERAL	10
<b>Total</b>	<b>20</b>

#### **NOTE:**

**A candidate should complete the requirement for obtaining the Diploma within a period of 2 years from the date of admission to diploma.**

### 6.3 ELIGIBILITY FOR ADMISSION:

Bachelor Degree in any discipline recognized by the University/ Institute or equivalent with 45% aggregate marks (40% for SC/ST candidate)

#### **NOTE:**

- 1. All the candidates appearing as Supplementary / Compartment candidates in qualifying examinations for the session 2016-17 are eligible for appearing in Entrance Test but their final results must be declared by 18<sup>th</sup> July, 2017. Else they will not be entitled for Registration.**
- 2. Candidates should note that no “call letter” for the entrance test shall be sent to them by post.**

### 6.4 WOMEN CANDIDATES:

Married girl is eligible for admission. But if she conceives during the course, she will have to discontinue her studies for at least one Academic Year. She can join back afresh from the beginning of the semester keeping the Guidelines pertaining to the Maximum Duration of the course in mind. But she will not be allowed to keep the infant along with her in the Hostel.

## **6.5 TESTING AREAS:**

**Physical Fitness Test : 40 Marks**

Marks will be awarded in Physical Fitness on the basis of performance in 50 meters sprint, standing broad jump, over head back throw and 1000 meters run/walk. The norms to convert the performance into points are given in **ANNEXURE -II (A) to II (D)**.

**General Awareness (Written Test) : 60 Marks**

The objective type questions on Reasoning, General Awareness, Sports Awareness, Sport General Knowledge will form the written test. The duration of written test will be of **90 minutes**.

### **NOTE:**

**Appearance in written and physical fitness test is mandatory in order to be eligible for consideration for admission.**

## **6.6 FEE STRUCTURE:**

Each Student shall pay the fee as given in **ANNEXURE - IV**. Besides fee, students have to bear all expenses on their own for Internship for Fitness Training which is a part of the course (Training will be conducted outside Gwalior for a one month period and is compulsory for every student.) Students have to find out their own training centres.

## **6.7 UNIFORM:**

Students of PGDSM I Semester will be required to possess the Uniform from the central store as per Institute rules, which are mentioned in **ANNEXURE - VI**. The uniform will be provided by the Institute on actual cost basis.

## **6.8 COURSE INFORMATION:**

Details of about Theory Subjects and Practical Skills are as follows:

### **THEORY SUBJECTS:**

Principles of Management and Organizational Behaviour; Financial Management; Foundations of Sports Sciences; Fundamentals of Sports Management; Marketing Management; Business Communications; Project Viva Voce (Internal Assessment); Operation Management; Human Resource Management; International competitiveness & Contemporary Issues-Restructuring of Sports Organization; Public Relations and Media Management; Managing of Sports Facilities and Events; Fitness and Wellness Management; Project Viva Voce (External Assessment)

### **PRACTICAL:**

Event Organization-I; Swimming; Aerobics; Major Game-I; Major Game-II; Event Organization-II; Fitness Club Management; Yoga; Major Game-III; Major Game-IV

**The admissions to PG Diploma will be closed on 14<sup>th</sup> August, 2017.**

## 7. POST GRADUATE DIPLOMA IN SPORTS JOURNALISM (PGDSJ): 2-SEMESTER

### 7.1 ADMISSION SCHEDULE:

Last Date of Receipt of Application (offline)	10 <sup>th</sup> July, 2017
Reporting Time for Admission Test	09:00 am on 13 <sup>th</sup> July, 2017 at LNIPE, Gwalior
Venue	Department of Sports Management and Coaching, LNIPE, Gwalior
Dates of Admission Tests	13 <sup>th</sup> – 14 <sup>th</sup> July, 2017
Reporting in Person, Verification of Original Document, Medical Examination Registration and Payment of Fee	19 <sup>th</sup> – 20 <sup>th</sup> July, 2017
Total No. of Seats	20
Commencement of Classes	24 <sup>th</sup> July, 2017

### 7.2 RESERVATION OF SEATS:

Category	Total Seats
SC (15%)	03
ST (7.5%)	02
OBC (27%)	05
GENERAL	10
<b>Total</b>	<b>20</b>

#### **NOTE:**

**A candidate should complete the requirement for obtaining the Diploma within a period of 2 years from the date of admission to diploma.**

### 7.3 ELIGIBILITY FOR ADMISSION:

Bachelor Degree in any discipline recognized by the University/ Institute or equivalent with 45% aggregate marks (40% for SC/ST candidate)

#### **NOTE:**

- All the candidates appearing as Supplementary / Compartment candidates in qualifying examinations for the session 2016-17 are eligible for appearing in Entrance Test but their final results must be declared by 18<sup>th</sup> July, 2017. Else they will not be entitled for Registration.**
- Candidates should note that no “call letter” for the entrance test shall be sent to them by post.**

### 7.4 WOMEN CANDIDATES:

Married girl is eligible for admission. But if she conceives during the course, she will have to discontinue her studies for at least one Academic Year. She can join back afresh from the beginning of the semester keeping the Guidelines pertaining to the Maximum Duration of the course in mind. But she will not be allowed to keep the infant along with her in the Hostel.

## **7.5 TESTING AREAS:**

**Physical Fitness Test : 30 Marks**

Marks will be awarded in Physical Fitness on the basis of performance in 50 meters sprint, standing broad jump, over head back throw and 1000 meters run/walk. The norms to convert the performance into points are given in **ANNEXURE –II (A) to II (D)**.

**General Awareness (Written Test) : 70 Marks**

The objective type questions on General Awareness, Sports awareness, Sport General knowledge will form the written test. The duration of written test will be of **90 minutes**.

### **NOTE:**

**Appearance in written and physical fitness test is mandatory in order to be eligible for consideration for admission.**

## **7.6 FEE STRUCTURE:**

Each Student shall pay the fee as given in **ANNEXURE - IV**.

Besides fee, students have to bear all expenses on their own for Internship for Fitness Training which is a part of the course (Training will be conducted outside Gwalior for a one month period and is compulsory for every student.) Students have to find out their own training centres.

## **7.7 UNIFORM:**

Students of PGDSJ I Semester will be required to possess the Uniform from the central store as per Institute rules, which are mentioned in **ANNEXURE – VI**. The uniform will be provided by the Institute on actual cost basis.

## **7.8 COURSE INFORMATION:**

Details about Theory Subjects and Practical Skills are as follows:

### **THEORY SUBJECTS:**

Introduction to communication Models and Press Laws; Reporting, Writing and Editing; Foundation of Sports Sciences; Evolution and History of Sports; Magazine Writing in Sports; Fundamentals of Computer & I.T.; Communication Skills; Project Work

### **PRACTICAL:**

Swimming; Badminton; Basketball; Cricket; Football; Tennis; Athletics; Volleyball

**The admissions to PG Diploma will be closed on 14<sup>th</sup> August, 2017.**

## 8. POST GRADUATE DIPLOMA IN SPORTS COACHING (PGDSC): 2-SEMESTER

### 8.1 DISCIPLINE OFFERED:

Post Graduate Diploma in Sports Coaching shall be offered in: Athletics, Basketball, Badminton, Cricket, Football, Gymnastics, Hockey, Swimming, Tennis, and Volleyball subject to administrative feasibility.

### 8.2 ADMISSION SCHEDULE:

Last Date of Receipt of Application (offline)	28 <sup>th</sup> June, 2017
Reporting Time for Admission Test	09:00 am on 03 <sup>rd</sup> July, 2017 at LNIPE, Gwalior
Venue	Department of Sport Management and Coaching , LNIPE, Gwalior
Dates of Admission Tests	03 <sup>rd</sup> – 04 <sup>th</sup> July, 2017
Reporting in Person, Verification of Original Document, Medical Examination Registration and Payment of Fee	07 <sup>th</sup> – 08 <sup>th</sup> July, 2017
Total No. of Seats	15 (In each Sports/Game)
Commencement of Classes	10 <sup>th</sup> July, 2017

### 8.3 DIVISION AND RESERVATION OF SEAT:

The minimum number of seats in Individual Sports and Team games shall be ten (10). Reservation of seats shall be as per Govt. of India rules applicable at the time of admissions.

#### **NOTE:**

**The duration of the PGDSC Course is 1 year (2 semesters). A candidate must complete the Course and pass the final examination within two academic years from the first admission to PGDSC Programme.**

### 8.4 ELIGIBILITY FOR ADMISSION:

Bachelor Degree in any discipline recognized by the University/ Institute or equivalent with 45% aggregate marks (40% for SC/ST candidates) with Inter-University/National level participation in the concerned game / sport.

He/she should be below 35 years of age as on 1<sup>st</sup> July of the Academic Session (relaxable up to 40 years in case of International Sports persons, in-service sponsored candidates and SC/ST/OBC candidates)

#### **NOTE:**

**1. All the candidates appearing as Supplementary / Compartment candidates in qualifying examinations for the session 2016-17 are eligible for appearing in Entrance Test but their final results must be declared by 06<sup>th</sup> July, 2017. Else they will not be entitled for Registration.**

**2. Candidates should note that no “call letter” for the entrance test shall be sent to them by post.**

## 8.5 WOMEN CANDIDATES:

Married girl is eligible for admission. But if she conceives during the course, she will have to discontinue her studies for at least one Academic Year. She can join back afresh from the beginning of the semester keeping the Guidelines pertaining to the Maximum Duration of the course in mind. But she will not be allowed to keep the infant along with her in the Hostel.

## 8.6 ADMISSION PROCEDURE:

Admission to the Post Graduate Diploma in Sports Coaching will be granted on the basis of merit in the Admission Test of 200 Marks as given here under. The minimum qualifying marks in the admission test shall be 45%.

<b>Physical fitness Test</b>	:	<b>50 Marks</b>
<b>Written Test (ninety minutes duration)</b>	:	<b>50 Marks</b>
General reasoning	:	10 Marks
Sports general knowledge	:	10 Marks
Professional Knowledge in Concerned game / sport	:	30 Marks
<b>Proficiency in Game / Sports</b>	:	<b>100 Marks</b>
(Skills and playing ability tests in Concerned game / sport)		

### **NOTE:**

- 1. Appearance in written test, skill & performance test and physical fitness test is mandatory in order to be eligible for consideration for admission.**
- 2. Admission to physically challenged candidates of any category is not permissible, as candidates of this course are required to perform sports and other physical activities.**

## 8.7 DETAIL OF TESTS:

### **Physical Fitness Test:**

Marks will be awarded in Physical Fitness on the basis of performance in 50 meters sprint, standing broad jump, over head back throw and 1000 meters run/walk. The norms to convert the performance into points are given in **ANNEXURE -II (A) to II (D)**.

### **Written test:**

The objective type questions on General Awareness, Sports awareness, Sport General knowledge, Reasoning, Comprehensive skills and Professional knowledge in concerned game/sports will form the written test. The duration of written test will be of **90 minutes**.

### **Proficiency in Games & Sports:**

Marks will be awarded by a committee on the basis of skills performed and playing ability test in concerned game/sport.



**NOTE:**

**The candidate should report for written test as well as games/ sports testing on the scheduled date at 9:00 am.**

**8.8 DIRECT ADMISSION:**

All such candidates who have represented India in any International Championship such as Junior and Senior World Championships, Junior and Senior World Cups, Junior and Senior Asian Championships, Junior and Senior Asian Cups, Common Wealth Games, Asian Games, Afro-Asian Games, SAF Games, World School Games/World Schools Championship. Representation shall be in such games/sports which are approved by AIU/IOA/MYAS. Such participation must be after 01 December, 2012. All such candidates who will fulfill above mentioned criteria are entitled or will be granted direct admission.

**8.9 FEE STRUCTURE:**

Each Student shall pay the fee as given in **ANNEXURE – IV**.

**8.10 UNIFORM:**

Students of PGDSC I Semester will be required to possess the Uniform from the central store as per Institute rules, which are mentioned in **ANNEXURE – VI**. The uniform will be provided by the Institute on actual cost basis.

**8.11 COURSE CONTENTS:**

Academic details about Theory Subjects and Practical Skills are as follows:

**Theory Subjects:**

Sports Training; Sports Psychology; Kinesiology and Sports Biomechanics; Physiology and Physiology of Exercise; Sports Anthropometry; Sports Medicine; Theory of Main Sport/Game: Papers – I and Theory of Main Sport/Game: Papers – II

**Practicals:**

Skill Proficiency and Playing Ability; Officiating; Teaching Ability and Coaching Ability.

**The admissions to PGDSC Programme will be closed on 14<sup>th</sup> August, 2017.**

**9. DIPLOMA IN SPORTS COACHING (DSC): 2-SEMESTER  
(For only defense and para military personnel)**

**9.1 DISCIPLINE OFFERED:**

Diploma in Sports Coaching shall be offered in: Athletics, Basketball, Football and Volleyball subject to administrative feasibility.

**9.2 ADMISSION SCHEDULE:**

Last Date of Receipt of Application (offline)	28 <sup>th</sup> June, 2017
Reporting Time for Admission Test	09:00 am on 03 <sup>rd</sup> July, 2017 at LNIPE, Gwalior
Venue	Department of Sport Management and Coaching , LNIPE, Gwalior
Dates of Admission Tests	03 <sup>rd</sup> – 04 <sup>th</sup> July, 2017
Reporting in Person, Verification of Original Document, Medical Examination Registration and Payment of Fee	07 <sup>th</sup> – 08 <sup>th</sup> July, 2017
Total No. of Seats	15 (In each Sports/Game)
Commencement of Classes	10 <sup>th</sup> July, 2017

**9.3 DIVISION AND RESERVATION OF SEAT:**

The minimum number of seats in Individual Sports and Team games shall be ten (10). Reservation of seats shall be as per Govt. of India rules applicable at the time of admissions.

**NOTE:**

**The duration of the DSC Course is 1 years (2 semesters). A candidate must complete the Course and pass the final examination within two academic years from the first admission to DSC Programme.**

**9.4 ELIGIBILITY FOR ADMISSION:**

A candidate shall be eligible to appear in admission test for Diploma in Sports Coaching if he has passed 10+2 examination/equivalent examination conducted by CBSE/State or UT Board/Open School Board.

The candidate must be deputed to the course by Defense / Army Sports Control Board and para military services.

**NOTE:**

- 1. All the candidates appearing as Supplementary / Compartment candidates in qualifying examinations for the session 2016-17 are eligible for appearing in Entrance Test but their final results must be declared by 06<sup>th</sup> July, 2017. Else they will not be entitled for Registration.**
- 2. Candidates should note that no “call letter” for the entrance test shall be sent to them by post.**

## 9.5 ADMISSION PROCEDURE:

Admission to the Diploma in Sports Coaching will be granted on the basis of merit in the Admission Test of 200 Marks as given here under. The minimum qualifying marks in the admission test shall be 45%.

<b>Physical fitness Test</b>	<b>:</b>	<b>50 Marks</b>
<b>Written Test (ninety minutes duration)</b>	<b>:</b>	<b>50 Marks</b>
General reasoning	:	10 Marks
Sports general knowledge	:	10 Marks
Professional Knowledge in Concerned game / sport	:	30 Marks
<b>Proficiency in Game / Sports</b>	<b>:</b>	<b>100 Marks</b>
(Skills and playing ability tests in Concerned game / sport)		

### **NOTE:**

- 1. Appearance in written test, skill & performance test and physical fitness test is mandatory in order to be eligible for consideration for admission.**
- 2. Admission to physically challenged candidates of any category is not permissible, as candidates of this course are required to perform sports and other physical activities.**

## 9.6 DETAIL OF TESTS:

### **Physical Fitness:**

Marks will be awarded in Physical Fitness on the basis of performance in 50 meters sprint, standing broad jump, over head back throw and 1000 meters run/walk. The norms to convert the performance into points are given in **ANNEXURE –II (A) to II (D)**.

### **Written test:**

The objective type questions on General Awareness, Sports awareness, Sport General knowledge, Reasoning, Comprehensive skills and Professional knowledge in concerned game/sports will form the written test. The duration of written test will be of **90 minutes**.

### **Proficiency in Games & Sports:**

Marks will be awarded by a committee on the basis of skills performed and playing ability test in concerned game/sport.

### **NOTE:**

**The candidate should report for written test as well as games/ sports testing on the scheduled date at 9:00 am.**

## 9.7 DIRECT ADMISSION:

All such candidates who have represented India in any International Championship such as Junior and Senior World Championships, Junior and Senior World Cups, Junior and Senior Asian Championships, Junior and Senior Asian Cups, Common Wealth Games, Asian Games, Afro-Asian Games, SAF Games, World School Games/World Schools Championship. Representation shall be in such games/sports which are approved by AIU/IOA/MYAS. All such candidates who will fulfill above mentioned criteria are entitled or will be granted direct admission.

#### **9.8 FEE STRUCTURE:**

Each Student shall pay the fee as given in **ANNEXURE – IV**.

#### **9.9 UNIFORM:**

Students of PGDSC I Semester will be required to possess the Uniform from the central store as per Institute rules, which are mentioned in **ANNEXURE – VI**. The uniform will be provided by the Institute on actual cost basis.

#### **9.10 COURSE CONTENTS:**

Details of Theory Subjects and Practical Skills are as follows:

##### **Theory Subjects:**

Fundamentals of Anatomy, Physiology and Physiology of Exercise; Fundamentals of Kinesiology and Biomechanics; General Methods of Sports Training; Applied Sports Psychology; Sports Anthropometry; Sports Medicine; Theory of Main Sport/Game: Paper – I and Theory of Main Sport/Game: Paper – II

##### **Practical:**

Skills proficiency and Playing Ability; Officiating; Teaching Ability; and Coaching Ability

**The admissions to DSC Programme will be closed on 14<sup>th</sup> August, 2017.**

## 10. POST GRADUATE DIPLOMA IN YOGA EDUCATION (PGDYEd): 2-SEMESTER

### 10.1 ADMISSION SCHEDULE

Last Date of Receipt of Application (offline)	10 <sup>th</sup> July, 2017
Dates of Admission Tests	13 <sup>th</sup> – 14 <sup>th</sup> July, 2017
Reporting Time for Admission Test	09:00 am on 13 <sup>th</sup> July, 2017
Venue	Department of Yogic Sciences, LNIPE, Gwalior
Reporting in Person, Verification of Original Document, Medical Examination Registration and Payment of Fee	18 <sup>th</sup> – 19 <sup>th</sup> July, 2017
Total No. of Seats	20
Commencement of Classes	24 <sup>th</sup> July, 2017

### 10.2 RESERVATION OF SEATS:

Category	Total Seats
SC (15%)	03
ST (7.5%)	02
OBC (27%)	05
GENERAL	10
<b>Total</b>	<b>20</b>

### 10.3 ELIGIBILITY FOR ADMISSION

The aspirants should have obtained minimum 45% (40% for SC/ST) Marks in Bachelor Degree in any discipline from a recognized University/Institute.

#### **NOTE:**

**A candidate should complete the requirement for obtaining the Diploma within a period of 2 years from the date of admission to diploma.**

### 10.4 WOMEN CANDIDATES

Married girl is eligible for admission. But if she conceives during the course, she will have to discontinue her studies for at least one Academic Year. She can join back afresh from the beginning of the semester keeping the Guidelines pertaining to the Maximum Duration of the course in mind. But she will not be allowed to keep the infant along with her in the Hostel.

### 10.5 TESTING AREAS:

**Practical skills (Yogic Practice) : 50 Marks**

**Written Test : 50 Marks**

(General Awareness of Yogic Practice & Domain Knowledge)

#### **NOTE:**

- 1. Appearance in written test, skill & performance test and physical fitness test is mandatory in order to be eligible for consideration for admission.**
- 2. Admission to physically challenged candidates of any category is not permissible, as candidates of this course are required to perform physical activities.**

## **10.6 FEE STRUCTURE:**

Each student shall pay the fee as given in **ANNEXURE – IV**.

Besides fee, students have to bear all expenses on their own for Internship for Yoga and Naturopathy Training which is a part of the course (Training will be conducted outside Gwalior for a one month period and is compulsory for every student.) Students have to find out their own training centres.

## **10.7 UNIFORM:**

Students of PGDYEd I Semester will be required to possess the Uniform from the Central Store as per Institute rules, which are mentioned in **ANNEXURE – VI**. The uniform will be provided by the Institute on actual cost basis.

## **10.8 COURSE INFORMATION:**

Theory Subjects and Practical Skills to be covered during the course are as follows:

### **Theory Subjects:**

Patanjali Yoga Sutra – I; Yogic Texts – I; Human Anatomy & Physiology – I; Alternative Therapies – I; Yogic Philosophy & Mental Health – I; Patanjali Yoga Sutra – II; Yogic Texts – II; Human Anatomy & Physiology – II; Alternative Therapies – II; Yogic Philosophy & Mental Health – II.

**Admissions to PGDYEd Programme will be closed on 14<sup>th</sup> August, 2017.**

## 11. Ph.D PROGRAMME IN PHYSICAL EDUCATION

This regulation provides information to the prospective students about the admission requirements, programme features, and the process of undergoing the PhD programme. The PhD program of this institute is full time and is governed by the Institute's rule for the Doctor of Philosophy in Physical Education. This regulation is in line with the UGC regulation 2009. The prospective candidates are advised to refer to the institute's website [www.lnipe.edu.in](http://www.lnipe.edu.in) for other details of this program.

### 11.1 ADMISSION SCHEDULE FOR PHD

Last Date of Receipt of Application (offline)	10 <sup>th</sup> July, 2017
Date of Research Eligibility Test (RET)	18 <sup>th</sup> July, 2017
Date of Presentation/Interview for Successful candidates in RET, only	25 <sup>th</sup> July, 2017
Declaration of Final Result	28 <sup>th</sup> July, 2017
Date of Registration	01 <sup>st</sup> – 02 <sup>nd</sup> August, 2017
Commencement of Course Work	03 <sup>rd</sup> August, 2017

### 11.2 DURATION

The minimum duration in which the candidate can complete the PhD programme is Two and half years(5 semesters) including course work and maximum duration is four and half years(9 semesters).

### 11.3 NUMBER OF SEATS

The number of seats for Ph.D. Programme shall be 30 (Thirty).

Category	Total Seats
SC (15%)	05
ST (7.5%)	02
OBC (27%)	08
GENERAL	15
<b>Total</b>	<b>30</b>

### 11.4 ELIGIBILITY FOR ADMISSION

In order to appear in the entrance examination for Ph.D. programme a candidate must have passed Master Degree in Physical Education (M.P.Ed.) or its equivalent degree from recognized University/Institute in India or abroad with at least 55% marks (50% for SC/ST) or equivalent grade.

### 11.5 DIRECT ADMISSION

A candidate who fulfils the following conditions may be considered for direct admission for the Ph.D. Program. However, appearance in presentation/interview shall remain a mandatory requirement for admission to course work.

- 11.5.1 A candidate who is a recipient of National Doctoral Fellowship or other fellowships from government/semi-government organizations (through All-India selection procedure conducted by the agency/organization for award of research fellowships such as Council of Scientific and Industrial Research (CSIR).
- 11.5.2 A foreign national who is a recipient of fellowship by the Indian Council for Cultural Relations (ICCR), Government of India and who is sponsored by his/her Government, subject to fulfilling conditions as mentioned in University Ordinance.
- 11.5.3 A self-financing International/national who is admitted through the Embassies/High commission of his/her country or admitted under a MOU with due clearance from the Indian Mission abroad. As per revised guidelines/instructions of the Department of Higher Education. MHRD, GOI on grant of research visa, the foreigners who desire to undertake research in India, should therefore, apply to the concerned Indian Missions abroad with the brief synopsis of the research project to be undertaken in India. The details of places to be visited, previous visits, whether the scholar has secured admission into a recognized or reputed institution and evidence of financial resources, subject to fulfilling conditions as mentioned in Institute's ordinance.

## **11.6 ADMISSION PROCEDURE**

The Institute shall admit the PhD candidates at least once in a year in the month of July. However, depending upon the resources and availability of faculty the Institute may admit PhD candidates twice in a year in July and January. In order to apply for PhD programme a candidate has to appear in the Research Eligibility Test, to be referred hereafter as RET, followed by Presentation/Interview. During Presentation/Interview candidates are required to present and defend on a topic of his/her interested area of research. The presentation shall be done in front of the DRC in which focus would be to explore the candidate's understanding of the research topic/area, and his/her research temperament and acumen. The RET examination will be based upon the course content of M.P.Ed level.

- 11.6.1 Admission to the Ph.D. programme shall be through an Entrance Test comprising of Research Eligibility Test (RET) and Presentation/Interview. The recipient of JRF from UGC, will be exempted from the qualifying the Research Entrance Test (RET). On the basis of the merit in the Research Eligibility Test (RET)/Presentation/Interview, the candidates shall be admitted to the programme. The scheme of the Research Entrance Test (RET) shall be as follows:



**Structure of Research Eligibility Test****Time: 2 Hr.**

- a. Research Methodology
- b. Applied Statistics
- c. Specialization Area

**The break-up of marks shall be as follows****Part A: RET**

I	Research Methodology	35 Marks
II	Applied Statistics	35 Marks
III	Specialization Area Select any one from the following: a. Physical Education (Pedagogy) b. Exercise Physiology c. Sports Biomechanics d. Sports Psychology e. Health Education f. Sports Management	30 Marks
<b>Total</b>		<b>100 Marks</b>

**Part B: Presentation and Interview**

I	Presentation	60 Marks
II	Interview	40 Marks
<b>Total</b>		<b>100 Marks</b>

11.6.1.1 The written test shall have questions which assess the conceptual clarity of candidate about different aspects of research and applied statistics. The test shall have mostly objective type questions.

11.6.1.2 Presentation and Interview will consist of a defense of the "Research Topic". The focus would be to explore the research acumen of the candidate.

11.6.2 Only those who secure 50% marks(45% for SC/ST) in each paper of the RET (Part A) shall be shortlisted for the presentation/Interview.

11.6.3 Minimum of 55% marks (50% for SC/ST) in Part B shall be mandatory to qualify the entrance examination.

11.6.4 Admission to PhD program will be made according to the merit from the qualified candidates considering the available seats in various specialty areas for the academic year.

**11.7 WOMEN CANDIDATES**

Married girl is eligible for admission. But if she conceives during the course, she will have to discontinue her studies for at least one Academic Year. She can join back afresh from the beginning of the semester keeping the Guidelines pertaining to the Maximum Duration of the course in mind. But she will not be allowed to keep the infant along with her in the Hostel.

## 11.8 STRUCTURE OF THE PROGRAMME

The candidates in Ph.D. programme are supposed to undergo a one semester course work. Only after successful completion of the course work in the first semester the candidates shall be allowed to proceed further. After successfully qualifying the course work candidates are required to face the DRC and defend his/her research proposal. After the approval of the thesis by the DRC the candidates will proceed to carry out their research work. The candidates shall be registered for the PhD programme immediately after qualifying the course work. The experts in specialized area/subjects may be invited as per the requirements in the DRC during its meeting.

11.8.1 The structure of the course work and course detail in the first semester shall be as follows:

### Course Structure

Semester	Detail Structure
I	a. Two Compulsory courses b. One Lab

### Course Detail

Course Code	Semester I Course name
IDPE -1	Research Methods -I
IDPE-3	Advanced Statistics -I
IDPE-5	Instrumentation

11.8.2 During course work and thereafter the candidates will have to attend the lecture series on different research topics, specialized workshops on research methods, advanced statistics, different specializations such as sports psychology, exercise science, sport biomechanics etc.

## 11.9 FEE STRUCTURE

Each student shall pay the fee as given in **ANNEXURE – V**. Besides fee, students have to bear all expenses on their own for Internship for Yoga and Naturopathy Training which is a part of the course (Training will be conducted outside Gwalior for a one month period and is compulsory for every student.) Students have to find out their own training centres.

**Admissions to Ph.D. Programme will be closed on 14<sup>th</sup> August, 2017.**

## 12 B.A. IN SPORTS (3 YEAR DEGREE COURSE): 6-SEMESTERS

### 12.1 ADMISSION SCHEDULE

Last Date of Receipt of Application (offline)	30 <sup>th</sup> June, 2017
Dates of Admission Tests	07 <sup>th</sup> – 10 <sup>th</sup> July, 2017
Reporting Time for Admission Test	09:00 am on 07 <sup>th</sup> July, 2017
Venue	Multipurpose Hall, LNIPE, Gwalior
Reporting in Person, Verification of Original Document, Medical Examination Registration and Payment of Fee	17 <sup>th</sup> – 18 <sup>th</sup> July, 2017
Total No. of Seats	30
Commencement of Classes	20 <sup>th</sup> July, 2017

### 12.2 RESERVATION OF SEATS: Total No. of Seats: 30

Category	Total Seats
SC (15%)	05
ST (7.5%)	02
OBC (27%)	08
GENERAL	15
<b>Total</b>	<b>30</b>

#### **NOTE:**

- 1. The minimum number of seats shall be ten (10). Reservation of seats shall be as per Govt. of India rules applicable at the time of admissions.**
- 2. The duration of the B.A. in Sports is 3 years (6 semesters). A candidate must complete the Course and pass the final examination within Six academic years from the first admission to B.A. in Sports Programme.**

### 12.3 ELIGIBILITY FOR ADMISSION:

A candidate shall be eligible to appear in admission test:

- 12.3.1 If he/she has passed Senior Secondary Certificate Examination (10+2) or Intermediate/equivalent examination from any recognized Education Board/University etc. with at least 35% Marks for all categories who have participated in International competitions and Holding I<sup>st</sup>, II<sup>nd</sup> & III<sup>rd</sup> position in National (Senior & Junior)/All India Inter Zonal /Inter University/School Games Federation of India (SGFI) Sports Competitions. No other championship shall be considered.
- 12.3.2 The reservation of seats for SC/ ST/OBC and other categories shall be as per the latest rules of Government of India.
- 12.3.3 Before reporting for admission the candidate should read the General Conditions for Admission at para 1.14.
- 12.3.4 The age of the candidates shall be below 21 years. The age limit is relaxable up to 24 years for the candidates who have represented India within 02 years and OBC candidates and 26 years for SC/ST candidates. The age will be reckoned as on 1<sup>st</sup> July 2017.

**NOTE:**

1. All the candidates appearing as Supplementary / Compartment candidates in qualifying examinations for the session 2016-17 are eligible for appearing in Entrance Test but their final results must be declared by 16<sup>th</sup> July, 2017. Else they will not be entitled for Registration.
2. Candidates should note that no “call letter” for the entrance test shall be sent to them by post. They should report at LNIPE, Gwalior on dates mentioned for the test.

**12.4 WOMEN CANDIDATES:**

Married girl is eligible for admission. But if she conceives during the course, she will have to discontinue her studies for at least one Academic Year. She can join back afresh from the beginning of the semester keeping the Guidelines pertaining to the Maximum Duration of the course in mind. But she will not be allowed to keep the infant along with her in the Hostel.

**12.5 ADMISSION PROCEDURE**

Admission shall be made on merit, on the basis of Marks (Merit) obtained in the Entrance Test as per the policy of the Institute.

**TESTING AREAS:**

2.5.1	Physical Fitness	100 marks
2.5.2	Sports Proficiency Test	200 Marks

**NOTE:-**

1. The marks obtained by the candidate in the admission test will be taken for preparation of merit list.
2. Appearance in Physical Fitness Test and Sports Proficiency Test is mandatory in order to be eligible for consideration for admission.
3. Admission to physically challenged candidates of any category is not permissible, as candidates of this course are required to perform sports and other physical activities.

**12.6 DETAIL OF TESTS**

**12.6.1 Physical Fitness:**

Marks will be awarded in Physical Fitness on the basis of performance in 50 meters sprint, standing broad jump, over head back throw and 1000 meters run/walk. The norms to convert the performance into points are given in

**ANNEXURE –II (A) to II (D).**

**12.8 FEE STRUCTURE**

Each Student shall pay the fee as given in **ANNEXURE - III.**

## **12.9 UNIFORM**

Students of B.A. in Sports I Semester will be required to possess the Uniform from the central store as per Institute rules, which are mentioned in **ANNEXURE - VI**. The uniform will be provided by the Institute on actual cost basis.

**The admissions to B.A. in Sports Programme will be closed on 14<sup>th</sup> August, 2017.**

**FITNESS ELIGIBILITY ADMISSION TEST CENTRES FOR B.P.Ed.**

<b>TEST CENTRE</b>
<p><b>GWALIOR</b> Lakshmibai National Institute of Physical Education (LNIFE), Shakti Nagar, Race Course Road, Gwalior, 474002 (M.P.)</p>
<p><b>PATIALA</b> Director of Sports, Punjabi University, Patiala- 147 002 (Punjab)</p>
<p><b>KOLKATA</b> Sports Authority of India (SAI), Netaji Subhash National Institute of Sports (NSNIS), Salt Lake City, Sector-3, Kolkata 700 091 (West Bengal)</p>
<p><b>DEHRADUN</b> Maharana Pratap Sports College, Raipur, Near Ordinance Factory, Dehradun- 248 008 (Uttarakhand)</p>
<p><b>GUWAHATI</b> North East Regional Centre Lakshmibai National Institute of Physical Education Tepasia Sports Complex, Sonapur Guwahati- 782 402 (Assam)</p>
<p><b>JAIPUR</b> Department of Physical Education University of Rajasthan, Jaipur – 302 055 (Rajasthan)</p>
<p><b>COIMBATORE</b> <b>Director of Sports,</b> Bharathiar University, No.401,, Madani Complex, 7th St Ext, Gandipuram, Coimbatore, Tamil Nadu 641012</p>
<p><b>PUNE</b> <b>Directorate of Sports,</b> Savitribai Phule Pune University Near Esquare Theater, Ganeshkhind Road, Pune, Maharashtra 411007</p>
<p><b>RANCHI</b> SAI Training Centre Sahid Birsa Munda Stadium Morabadi, Ranchi- 834 008 (Jharkhand)</p>

**PERFORMANCE CONVERSION TABLE**  
**50 METERS SPRINT**

Men				Women			
Timing (Seconds)	Points	Timing (Seconds)	Points	Timing (Seconds)	Points	Timing (Seconds)	Points
5.7 and Below	100	8.6	34	6.7 and Below	100	9.6	34
5.8	96	8.7	32	6.8	96	9.7	32
5.9	92	8.8	30	6.9	92	9.8	30
6.0	89	8.9	29	7.0	89	9.9	29
6.1	86	9.0	28	7.1	86	10.0	28
6.2	83	9.1	27	7.2	83	10.1	27
6.3	80	9.2	26	7.3	80	10.2	26
6.4	78	9.3	25	7.4	78	10.3	25
6.5	76	9.4	24	7.5	76	10.4	24
6.6	74	9.5	23	7.6	74	10.5	23
6.7	72	9.6	22	7.7	72	10.6	22
6.8	70	9.7	21	7.8	70	10.7	21
6.9	68	9.8	20	7.9	68	10.8	20
7.0	66	9.9	19	8.0	66	10.9	19
7.1	64	10.0	18	8.1	64	11.0	18
7.2	62	10.1	17	8.2	62	11.1	17
7.3	60	10.2	16	8.3	60	11.2	16
7.4	58	10.3	15	8.4	58	11.3	15
7.5	56	10.4	14	8.5	56	11.4	14
7.6	54	10.5	13	8.6	54	11.5	13
7.7	52	10.6	12	8.7	52	11.6	12
7.8	50	10.7	11	8.8	50	11.7	11
7.9	48	10.8	10	8.9	48	11.8	10
8.0	46	10.9	09	9.0	46	11.9	09
8.1	44	11.0	08	9.1	44	12.0	08
8.2	42	11.1	07	9.2	42	12.1	07
8.3	40	11.2	06	9.3	40	12.2	06
8.4	38	11.3 and Above	05	9.4	38	12.3 and Above	05
8.5	36	—	—	9.5	36	—	—

**PERFORMANCE CONVERSION TABLE**  
**STANDING BROAD JUMP**

<b>Men</b>		<b>Women</b>	
<b>Distance (Meters)</b>	<b>Points</b>	<b>Distance (Meters)</b>	<b>Points</b>
2.85 and Above	100	2.35 and Above	100
2.80-2.84	95	2.30-2.34	95
2.75-2.79	91	2.25-2.29	91
2.70-2.74	87	2.20-2.24	87
2.65-2.69	84	2.15-2.19	84
2.60-2.64	81	2.10-2.14	81
2.55-2.59	78	2.05-2.09	78
2.50-2.54	75	2.00-2.04	75
2.45-2.49	72	1.95-1.99	72
2.40-2.44	69	1.90-1.94	69
2.35-2.39	66	1.85-1.89	66
2.30-2.34	63	1.80-1.84	63
2.25-2.29	60	1.75-1.79	60
2.20-2.24	57	1.70-1.74	57
2.15-2.19	54	1.65-1.69	54
2.10-2.14	51	1.60-1.64	51
2.05-2.09	48	1.55-1.59	48
2.00-2.04	45	1.50-1.54	45
1.95-1.99	43	1.45-1.49	43
1.90-1.94	41	1.40-1.44	41
1.85-1.89	39	1.35-1.39	39
1.80-1.84	37	1.30-1.34	37
1.75-1.79	35	1.25-1.29	35
1.70-1.74	33	1.20-1.24	33
1.65-1.69	31	1.15-1.19	31
1.60-1.64	29	1.10-1.14	29
1.55-1.59	27	1.05-1.09	27
1.50-1.54	25	1.00-1.04	25
1.45-1.49	24	0.95-0.99	24
1.40-1.44	23	0.90-0.94	23
1.35-1.39	22	0.85-0.89	22
1.30-1.34	21	0.80-0.84	21
1.25-1.29	20	0.75-0.79	20
1.20-1.24	19	0.70-0.74	19
1.15-1.19	18	0.65-0.69	18
1.10-1.14	17	0.60-0.64	17
1.05-1.09	16	0.55-0.59	16
1.00-1.04	15	0.50-0.54	15
0.99 and Below	14	0.49 and Below	14



**PERFORMANCE CONVERSION TABLE**  
**OVER HEAD BACK THROW**

<b>Men (3 Kg Medicine Ball)</b>		<b>Women (2 Kg Medicine Ball)</b>	
<b>Distance (in meters)</b>	<b>Points</b>	<b>Distance (in meters)</b>	<b>Points</b>
15.00 and Above	100	12.50 and Above	100
14.50	95	12.00	95
14.00	90	11.50	90
13.50	85	11.00	85
13.00	80	10.50	80
12.50	76	10.00	76
12.00	72	9.50	72
11.50	68	9.00	68
11.00	64	8.50	64
10.50	60	8.00	60
10.00	56	7.50	56
9.50	52	7.00	52
9.00	48	6.50	48
8.50	44	6.00	44
8.00	40	5.50	40
7.50	37	5.00	37
7.00	34	4.50	34
6.50	31	4.00	31
6.00	28	3.50	28
5.50	25	3.00	25
5.00	23	2.50	23
4.50	21	2.00	21
4.00	19	1.50	19
3.50 and Below	17	1.00 and Below	17

**PERFORMANCE CONVERSION TABLE**  
**1000 METERS RUN/WALK**

Men				Women			
Timing (Seconds)	Points	Timing (Seconds)	Points	Timing (Seconds)	Points	Timing (Seconds)	Points
3:00 and Below	100	3:41-3:42	59	4:00 and Below	100	4:41-4:42	59
3:01	99	3:43-3:44	58	4:01	99	4:43-4:44	58
3:02	98	3:45-3:46	57	4:02	98	4:45-4:46	57
3:03	97	3:47-3:48	56	4:03	97	4:47-4:48	56
3:04	96	3:49-3:50	55	4:04	96	4:49-4:50	55
3:05	95	3:51-3:52	54	4:05	95	4:51-4:52	54
3:06	94	3:53-3:54	53	4:06	94	4:53-4:54	53
3:07	93	3:55-3:56	52	4:07	93	4:55-4:56	52
3:08	92	3:57-3:58	51	4:08	92	4:57-4:58	51
3:09	91	3:59-4:00	50	4:09	91	4:59-5:00	50
3:10	90	4:01-4:02	49	4:10	90	5:01-5:02	49
3:11	89	4:03-4:04	48	4:11	89	5:03-5:04	48
3:12	88	4:05-4:06	47	4:12	88	5:05-5:06	47
3:13	87	4:07-4:08	46	4:13	87	5:07-5:08	46
3:14	86	4:09-4:10	45	4:14	86	5:09-5:10	45
3:15	85	4:11-4:12	44	4:15	85	5:11-5:12	44
3:16	84	4:13-4:14	43	4:16	84	5:13-5:14	43
3:17	83	4:15-4:16	42	4:17	83	5:15-5:16	42
3:18	82	4:17-4:18	41	4:18	82	5:17-5:18	41
3:19	81	4:19-4:20	40	4:19	81	5:19-5:20	40
3:20	80	4:21-4:22	39	4:20	80	5:21-5:22	39
3:21	79	4:23-4:24	38	4:21	79	5:23-5:24	38
3:22	78	4:25-4:26	37	4:22	78	5:25-5:26	37
3:23	77	4:27-4:28	36	4:23	77	5:27-5:28	36
3:24	76	4:29-4:30	35	4:24	76	5:29-5:30	35
3:25	75	4:31-4:32	34	4:25	75	5:31-5:32	34
3:26	74	4:33-4:34	33	4:26	74	5:33-5:34	33
3:27	73	4:35-4:36	32	4:27	73	5:35-5:36	32
3:28	72	4:37-4:38	31	4:28	72	5:37-5:38	31
3:29	71	4:39-4:40	30	4:29	71	5:39-5:40	30
3:30	70	4:41-4:43	29	4:30	70	5:41-5:43	29
3:31	69	4:44-4:46	28	4:31	69	5:44-5:46	28
3:32	68	4:47-4:49	27	4:32	68	5:47-5:49	27
3:33	67	4:50-4:52	26	4:33	67	5:50-5:52	26
3:34	66	4:53-4:55	25	4:34	66	5:53-5:55	25
3:35	65	4:56-4:58	24	4:35	65	5:56-5:58	24
3:36	64	4:59-5:01	23	4:36	64	5:59-6:01	23
3:37	63	5:02-5:04	22	4:37	63	6:02-6:04	22
3:38	62	5:05-5:07	21	4:38	62	6:05-6:07	21
3:39	61	5:08-5:10	20	4:39	61	6:08-6:10	20
3:40	60	5:11 and Above	19	4:40	60	6:11 and Above	19

**NOTE :** The performance in four items will be converted into points on the basis of above tables and the required weightage of final points will be considered as the performance in Physical Fitness Test.

**ANNEXURE – III**

**SEMESTER – WISE FEE STRUCTURE FOR B.P.ED. / B.A.  
SESSION 2017-18**

Name of the Head	Indian Students		Foreign Students	
	I Semester	II Semester	I Semester	II Semester
Tuition Fee	3000	3000	8000	8000
Identity Card Fee	200	0	200	0
Medi – claim Insurance	600	0	600	0
Caution Money (Refundable)	2000	0	2000	0
Registration/Immigration .Fee	600	0	6000	0
Hostel cum Electricity fee	2000	2000	2000	2000
Syllabus Fee	100	100	100	100
Admission fee	1000*	0	5000*	0
Examination Fee	1200	1200	1200	1200
Mess Fund	18000	18000	18000	18000
Sports Fund	1000	1000	1000	1000
Development Fund	1000	1000	3000	3000
Medical Fund	300	300	300	300
Uniform Fund	4000	4000	4000	4000
Student cultural / Literary society fund	500	500	500	500
Student Welfare Fund	100	100	300	300
Library Fund	500	500	500	500
<b>Total</b>	<b>36,100/-</b>	<b>31,700/-</b>	<b>52,700/-</b>	<b>38,900/-</b>
	<b>Rs.67,800/-</b>		<b>Rs.91,600/-</b>	

(\* ) Non refundable and payable at the time of counselling in addition to portal charges.

**NOTE:**

1. Above fee schedule applicable for the current year only. Scheduled for subsequent years as decided from time to time will prevail.
2. Mess charges will be subject to Institute's discretion and review.

**ANNEXURE – IV**

**SEMESTER – WISE FEE STRUCTURE FOR M.P.ED. / M.A. IN YOGA /  
PG DIPLOMA / DIPLOMA SESSION 2017-18**

Name of the Head	Indian Students		Foreign Students	
	I Semester	II Semester	I Semester	II Semester
Tuition Fee	3000	3000	8000	8000
Identity Card Fee	200	0	200	0
Medi- claim Insurance	600	0	600	0
Caution Money (Refundable)	2000	0	2000	0
Registration/ Immigration .Fee	600	0	6000	0
Hostel cum Electricity fee	2000	2000	2000	2000
Syllabus Fee	100	100	100	100
Admission fee	1000*	0	5000*	0
Examination Fee	1200	1200	1200	1200
Mess Fund	18000	18000	18000	18000
Sports Fund	1000	1000	1000	1000
Development Fund	1000	1000	3000	3000
Medical Fund	300	300	300	300
Student cultural / Literary society fund	500	500	500	500
Student Welfare Fund	100	100	300	300
Library Fund	500	500	500	500
Uniform Fund	3000	3000	3000	3000
<b>Total</b>	<b>35,100/-</b>	<b>30,700/-</b>	<b>51,700/-</b>	<b>37,900/-</b>
	<b>65,800/-</b>		<b>89,600/-</b>	

(\*) Non refundable and payable at the time of counseling in addition to portal charges.

**NOTE:**

1. Above fee schedule applicable for the current year only. Scheduled for subsequent years as decided from time to time will prevail.
2. Mess charges will be subject to Institute's discretion and review.

**SEMESTER – WISE FEE STRUCTURE FOR Ph.D PROGRAMME  
SESSION 2017-18**

Name of the Head	Indian Students		Foreign Students	
	I Semester	II Semester	I Semester	II Semester
Tuition Fee	3000	3000	8000	8000
Identity Card Fee	200	0	200	0
Medi- claim Insurance	600	0	600	0
Caution Money (Refundable)	2000	0	2000	0
Registration/ Immigration .Fee	600	0	6000	0
Hostel cum Electricity fee	2000	2000	2000	2000
Syllabus Fee	100	100	100	100
Admission fee	1000*	0	5000*	0
Examination Fee	1200	1200	1200	1200
Mess Fund	18000	18000	18000	18000
Sports Fund	1000	1000	1000	1000
Development Fund	1000	1000	3000	3000
Medical Fund	300	300	300	300
Student cultural / Literary society fund	500	500	500	500
Student Welfare Fund	100	100	300	300
Library Fund	500	500	500	500
Uniform Fund	3000	3000	3000	3000
<b>Total</b>	<b>35,100/-</b>	<b>30,700/-</b>	<b>51,700/-</b>	<b>37,900/-</b>
	<b>65,800/-</b>		<b>89,600/-</b>	

(\* ) Non refundable and payable at the time of counseling in addition to portal charges.

**NOTE:**

1. Above fee schedule applicable for the current year only. Scheduled for subsequent years as decided from time to time will prevail.
2. Mess charges will be subject to Institute's discretion and review.

**UNIFORM FOR B.P.Ed., B.A., M.P.Ed., M.A. IN YOGA, PG DIPLOMA, DIPLOMA**

The uniform shall be purchased by the Institute and will be provided to the students on actual cost basis. The approximate cost of uniform shall be Rs. 8000/- for B.P.Ed. and B.A. Rs. 6000/- for M.P.Ed. and PG Diploma / Diploma Students.

**B.P.Ed. / B.A.**

S. No.	Items	Boys	Girls
1.	T. Shirt (Light Gray)	Four	Four
2.	T. Shirt (White)	Two	Two
3.	Track Suit	One Set	One Set
4.	Short (Gray)	Four	Two
5.	Skirt (Gray)	-	Two
6.	Shirt (Full Sleeves) (White)	One	One
7.	Pant (Black)	One	One
8.	Tie	One	One
9.	Blazer ( Navy Blue)	One	One
10.	Bag	One	One

**M.P.Ed. / M.A. IN YOGA/ PG DIPLOMA / DIPLOMA**

S. No.	Items	Boys	Girls
1.	T. Shirt (Sky Blue)	Two	Two
3.	Track Suit ( Royal Blue)	One Set	One Set
4.	Short (Navy Blue )	Two	Two
5.	Skirt (Navy Blue)	-	One
6.	Shirt (Sky Blue)	One	One
7.	Pant (Black)	One	One
8.	Tie	One	One
9.	Blazer (Steel Gray)	One	One
10.	Bag	One	One

**NOTE:-**

1. The uniform shall be purchased by the central Store of the Institute.
2. In case of over/ under expenditure, the excess/ remaining amount will be paid/ return back by / to the students.

**SYLLABUS FOR M.P.Ed. ADMISSION TEST**  
***Professional competency (100 Marks)***

**1. Introduction, History and Foundations of Physical Education**

- 1.1 Aims and objectives of Education and Physical Education, Biological, Psychological and Sociological Principles and their Application in Physical Education.
- 1.2 Different Schools of Philosophy and their relevance to Physical Education (Idealism, Realism, Pragmatism, Naturalism, and Existentialism)
- 1.3 Physical Education in Greece (Sparta and Athens), Rome (Circus, Gladiatorial Combats), Germany (John Basedow, Guts Muths), Sweden (Per Henric Ling), India (Raj Kumari Amrita Kaur Coaching Scheme, YM.C.A, LNIPE, SAI, NSNIS)
- 1.4 Olympic Games (Ancient and Modern)

**2. Health Education**

- 2.1 Definition of Health, Health Education and Description of its components.
- 2.2 Health Problems in India (Communicable and Non Communicable Diseases, Nutritional Diseases, and Environmental Diseases)
- 2.3 School Health Services
- 2.4 Nutrition, Assessment of Nutrition,
- 2.5 Classification of Food, Balance Diet.

**3. Anatomy, Physiology and Physiology of Exercise**

- 3.1 Cell, Tissues, Organs and Systems-Structure and Function
- 3.2 Bio-Electric Potential.
- 3.3 Study of following systems and processes with a view to understand the effect of exercise on Different systems of the Body.
  - 3.3.1 Cardio-Vascular System
  - 3.3.2 Respiratory System
  - 3.3.3 Nervous System
  - 3.3.4 Metabolism and Temperature Regulation
  - 3.3.5 Muscular System.

**4. Educational Methods and Educational Technology**

- 4.1 Teaching Technique in Education.
- 4.2 Principles of Teaching, Commands and Class Management
- 4.3 Lesson Planning- Physical Education and Coaching Lessons
- 4.4 Tournaments-Knockout, League, Combination and Challenge types.
- 4.5 Audio-Visual aids-values, criteria for selection and suggestion for use.
- 4.6 Presentation Techniques in Physical Education.
- 4.7 Micro Teaching, Simulation Teaching.

**5. Educational Psychology**

- 5.1 Development Psychology (Heredity and Environment, Stages of Growth and Development, Individual Differences)
- 5.2 Learning Processes (Theories of learning (Trial and Error, Conditioned Response and Learning by Insight), Laws of Learning (Law of readiness, Exercise, effect)
- 5.3 Transfer of Learning and Learning Curve, Memory & Types of Memory

- 5.4 Personality (Meaning & Nature)
- 5.5 Motivation and Emotion

## **6. Kinesiology and Corrective Physical Education**

- 6.1 Types of Joints & Muscles.
- 6.2 Major Terminologies of Fundamental Movements.
- 6.3 Location and Action of Major Muscles.
- 6.4 Motor Unit and All and Non-law,
- 6.5 Reciprocal Innervation.
- 6.6 Line of Gravity, Centre of Gravity, Gravitational Force , Axis and Planes
- 6.7 Equilibrium and Friction, Newton's Laws of Motion, Centripetal and Centrifugal Force and Types of Lever
- 6.8 Prevention of Injuries
- 6.9 Massage, Postural Deformities. Therapeutic Exercises, Rehabilitation of Sports Injuries.

## **7. Tests & Measurements**

- 7.1 Tests, Measurements, Evaluation, Statistics, their Meaning .
- 7.2 Measures of Central Tendency, Measures of Variability.
- 7.3 Percentile and Correlation
- 7.4 Criteria of Test Selection
- 7.5 Motor Fitness Tests (AAHPER, JCR, Barrow , Indiana)
- 7.6 Skill Tests of different Games & Sports. (Hockey, Volleyball, Basketball, Football, Badminton)

## **8. Management of Physical Education**

- 8.1 Meaning, Phases, Nature and Importance of Management.
- 8.2 Location, Preparation, Layout and Maintenance of Play Fields Construction,
- 8.3 Cares and Maintenance of Gymnasium and Swimming Pool.
- 8.4 Equipments in Physical Education Criteria of selection, procedure of purchase, care and maintenance of equipments.
- 8.6 Intramural and Extramural Programmes.
- 8.6 Budget for Physical Education -Budget making and accounting

## **9. Sports Training**

- 9.1 Meaning, Definition and Principles of Sports Training.
- 9.2 Training Load Definitions, types and factors of training and Adaptation,
- 9.3 Meaning, Factors affecting and Classification of speed, strength, endurance, Flexibility and Coordinative abilities.
- 9.4 Means and method of development of Motor Abilities (speed, strength, endurance, Flexibility, Coordinative abilities).
- 9.5 Meaning, types & importance of Periodization.
- 9.6 Aim, and contents of different phases of Periodization, Build up and Main Competition,
- 9.7 Psychological Preparation for competition

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**AFFIDAVIT BY THE STUDENT FOR ANTI-RAGGING**

I, \_\_\_\_\_ s/o d/o Mr./Mrs. \_\_\_\_\_, having been admitted to **Lakshmibai National Institute of Physical Education, Gwalior**, have received a copy of the UGC Regulations on Curbing the Menace of Ragging in Higher Educational Institutions, 2009, (hereinafter called the “Regulations”) carefully read and fully understood the provisions contained in the said Regulations.

- 2) I have, in particular, perused clause 3 of the Regulations and am aware as to what constitutes ragging.
- 3) I have also, in particular, perused clause 7 and clause 9.1 of the Regulations and am fully aware of the penal and administrative action that is liable to be taken against me in case I am found guilty of or abetting ragging, actively or passively, or being part of a conspiracy to promote ragging.
- 4) I hereby solemnly aver and undertake that
  - a) I will not indulge in any behaviour or act that may be constituted as ragging under clause 3 of the Regulations.
  - b) I will not participate in or abet or propagate through any act of commission or omission that may be constituted as ragging under clause 3 of the Regulations.
- 5) I hereby affirm that, if found guilty of ragging, I am liable for punishment according to clause 9.1 of the Regulations, without prejudice to any other criminal action that may be taken against me under any penal law or any law for the time being in force.
- 6) I hereby declare that I have not been expelled or debarred from admission in any institution in the country on account of being found guilty of, abetting or being part of a conspiracy to promote, ragging; and further affirm that, in case the declaration is found to be untrue, I am aware that my admission is liable to be cancelled.

Declared this \_\_\_\_\_ day of \_\_\_\_\_ month of \_\_\_\_\_ year.

\_\_\_\_\_  
Signature of deponent  
Name:

**VERIFICATION**

Verified that the contents of this affidavit are true to the best of my knowledge and no part of the affidavit is false and nothing has been concealed or misstated therein.

Verified at \_\_\_\_\_ on this the \_\_\_\_\_ of \_\_\_\_\_, \_\_\_\_\_.

\_\_\_\_\_  
Signature of deponent  
Solemnly affirmed and signed in my presence on this the \_\_\_\_\_ of \_\_\_\_\_, \_\_\_\_\_ after reading the contents of this affidavit.

OATH COMMISSIONER

**AFFIDAVIT BY PARENT/GUARDIAN FOR ANTI-RAGGING**

I, Mr./Mrs. \_\_\_\_\_ father/mother/guardian of \_\_\_\_\_, having been admitted to **Lakshmibai National Institute of Physical Education, Gwalior**, have received a copy of the UGC Regulations on Curbing the Menace of Ragging in Higher Educational Institutions, 2009, (hereinafter called the “Regulations”), carefully read and fully understood the provisions contained in the said Regulations.

- 2) I have, in particular, perused clause 3 of the Regulations and am aware as to what constitutes ragging.
- 3) I have also, in particular, perused clause 7 and clause 9.1 of the Regulations and am fully aware of the penal and administrative action that is liable to be taken against my ward in case he/she is found guilty of or abetting ragging, actively or passively, or being part of a conspiracy to promote ragging.
- 4) I hereby solemnly aver and undertake that
  - a) My ward will not indulge in any behaviour or act that may be constituted as ragging under clause 3 of the Regulations.
  - b) My ward will not participate in or abet or propagate through any act of commission or omission that may be constituted as ragging under clause 3 of the Regulations.
- 5) I hereby affirm that, if found guilty of ragging, my ward is liable for punishment according to clause 9.1 of the Regulations, without prejudice to any other criminal action that may be taken against my ward under any penal law or any law for the time being in force.
- 6) I hereby declare that my ward has not been expelled or debarred from admission in any institution in the country on account of being found guilty of, abetting or being part of a conspiracy to promote, ragging; and further affirm that, in case the declaration is found to be untrue, the admission of my ward is liable to be cancelled.

Declared this \_\_\_\_day of \_\_\_\_\_ month of \_\_\_\_year.

\_\_\_\_\_  
Signature of deponent

Name:

Address:

Telephone/ Mobile No.:

**VERIFICATION**

Verified that the contents of this affidavit are true to the best of my knowledge and no part of the affidavit is false and nothing has been concealed or misstated therein.

Verified at \_\_\_\_\_ on this the \_\_\_\_ of \_\_\_\_\_, \_\_\_\_\_.

\_\_\_\_\_  
Signature of deponent

Solemnly affirmed and signed in my presence on this the (day) of (month), (year ) after reading the contents of this affidavit.

OATH COMMISSIONER

**Certificate for Scheduled Castes and Scheduled Tribes**

**THE FORM OF CERTIFICATE TO BE PRODUCED BY SCHEDULED CASTES AND SCHEDULED TRIBES CANDIDATES APPLYING FOR APPOINTMENT TO POSTS AND FOR ADMISSION IN EDUCATIONAL INSTITUTES UNDER GOVERNMENT OF INDIA**

This is to Certify that Shri/Shrimati/Kumari\*.....  
Son/daughter\* of .....of Village/Town\*  
..... in District/Division\*..... of  
the State/Union Territory\*.....belongs to  
the..... caste/tribe\* which is  
recognized as a Scheduled Caste/Scheduled Tribe\* under :-

- @ The Constitution (Scheduled Castes) Order, 1950
- @ The Constitution (Scheduled Tribes) Order, 1950
- @ The Constitution (Scheduled Castes) Union Territories Order, 1951
- @ The Constitution (Scheduled Tribes) Union Territories Order, 1951  
[As amended by the Scheduled Castes and Scheduled Tribes List (Modification) Order, 1956; the Bombay Reorganization Act, 1960, the Punjab Reorganization Act, 1966, The State of Himachal Pradesh Act, 1970, the North Eastern Areas (Reorganization) Act, 1971, The Scheduled Caste and Scheduled Tribes Order (Amendment) Act, 1976, The State of Mizoram Act, 1986, the State of Arunachal Pradesh Act, 1986 and the Goa, Daman and Diu (Reorganization) Act, 1987.]
- @ The Constitution (Jammu & Kashmir) Scheduled Castes Order, 1956
- @ The Constitution (Andaman and Nicobar Islands) Scheduled Tribes Order, 1959 as amended by the Scheduled Castes and Scheduled Tribes Order (Amendment) Act, 1976.
- @ The Constitution (Dadar and Nagar Haveli) Scheduled Castes Order, 1962
- @ The Constitution (Dadar and Nagar Haveli) Scheduled Tribes Order, 1962
- @ The Constitution (Pondicherry) Scheduled Castes Order, 1964
- @ The Constitution (Uttar Pradesh) Scheduled Tribes Order, 1967
- @ The Constitution (Goa, Daman and Diu) Scheduled Castes Order, 1968
- @ The Constitution (Goa, Daman and Diu) Scheduled Tribes Order, 1968
- @ The Constitution (Nagaland) Scheduled Tribes Order, 1970
- @ The Constitution (Sikkim) Scheduled Castes Order, 1978
- @ The Constitution (Sikkim) Scheduled Tribes Order, 1978
- @ The Constitution (Jammu & Kashmir) Scheduled Tribes Order, 1989
- @ The Constitution (SC) Order (Amendment) Act, 1990
- @ The Constitution (ST) Order (Amendment) Act, 1991
- @ The Constitution (ST) Order (Second Amendment) Act, 1991
- @ The Scheduled Caste and Scheduled Tribes Orders (Amendment) Act 2002
- @ The Constitution (Scheduled Castes) Order (Amendment) Act, 2002
- @ The Constitution (Scheduled Caste and Scheduled Tribes) Order (Amendment) Act, 2002
- @ The Constitution (Scheduled Caste) Order (Second Amendment) Act, 2002

% 2. Applicable in the case of Scheduled Castes/Scheduled Tribes persons who have migrated from one State/Union Territory Administration to another.

This Certificate is issued on the basis of the Scheduled Caste/Scheduled Tribes certificate issued to Shri/Shrimati\*.....Father/Mother of Shri/Shrimati/Kumari\*.....of Village/Town .....in District/Division\*.....of the State/Union Territory.....Who belongs to the caste/tribe\* which is recognized as a Scheduled Caste/Scheduled Tribe in the State/Union Territory\* of.....issued by the..... dated.....

% 3. Shri/Shrimati/Kumari\*.....and/or\* his/her\* family ordinarily resides in village/town\*.....of ..... District/Division\* of the State/Union Territory of.....

Signature.....

Place: .....

\*\*Designation.....

Date .....

(With Seal of Office)

\*please delete the words which are not application.

@Please quote specific Presidential Order.

%Delete the paragraph which is not applicable.

**Note :** The term “Ordinarily reside(s)” used here will have the same meaning as in Section 20 of the Representation of the People Act, 1950.

\*\*List of authorities empowered to issue Scheduled Caste/Scheduled Tribe Certificate.

- (i) District Magistrate/Additional District Magistrate/Collector/Deputy Commissioner/Additional Deputy Commissioner/Deputy Collector/1<sup>st</sup> Class Stipendiary Magistrate/#Sub-Divisional Magistrate/Taluka Magistrate/ Executive Magistrate/Extra Assistant Commissioner. (#not below of the rank of 1<sup>st</sup> Class Stipendiary Magistrate)
- (ii) Chief Presidency Magistrate/Additional Chief Presidency Magistrate /Presidency Magistrate.
- (iii) Revenue Officers not below the rank of Tehsildar.
- (iv) Sub Divisional Officer of the Area Where the candidate and/or his/her family normally resides.
- (v) Administrator/Secretary to Administrator/Development officer (Lakshadweep).

## Certificate for Other Backward Classes

### **THE FORM OF CERTIFICATE TO BE PRODUCED BY OTHER BACKWARD CLASSES CANDIDATES APPLYING FOR APPOINTMENT TO POSTS AND FOR ADMISSION IN EDUCATIONAL INSTITUTES UNDER GOVERNMENT OF INDIA**

This is to Certify that Shri/Shrimati/Kumari\*.....  
 Son/daughter\* of Shri.....of Village/Town\*.....  
 .....in District/Division\*.....of the State/Union  
 Territory\*.....belongs to the.....Community  
 which is recognized as a backward class under :-

- @ Government of India, Ministry of Welfare Resolution No. 12011/68/93-BCC (C) dated 10<sup>th</sup> September, 1993 published in the Gazette of India Extraordinary Part-I, Section-1, No. 186 dated 13<sup>th</sup> September 1993.
- @ Government of India, Ministry of Welfare Resolution No. 12011/9/94-BCC dated 19<sup>th</sup> October, 1994, published in the Gazette of India Extraordinary Part-I, Section-1, No. 163 dated 20<sup>th</sup> October 1994.
- @ Government of India, Ministry of Welfare Resolution No. 12011/7/95-BCC dated 24<sup>th</sup> May, 1995 published in the Gazette of India Extraordinary Part-I, Section-1, No. 88 dated 25<sup>th</sup> May 1995.
- @ Government of India, Ministry of Welfare Resolution No. 12011/96/94-BCC dated 09<sup>th</sup> March, 1996 published in the Gazette of India Extraordinary Part-I, Section-1, No. 60 dated 11<sup>th</sup> March 1996.
- @ Government of India, Ministry of Welfare Resolution No. 12011/44/96-BCC dated 06<sup>th</sup> December, 1996 published in the Gazette of India Extraordinary Part-I, Section-1, No. 210 dated 11<sup>th</sup> December 1996.
- @ Government of India, Ministry of Welfare Resolution No. 12011/99/94-BCC dated 11<sup>th</sup> December, 1997 published in the Gazette of India Extraordinary Part-I, Section-1, No. 236 dated 12<sup>th</sup> December 1997.
- @ Government of India, Ministry of Welfare Resolution No. 12011/13/97-BCC dated 03<sup>rd</sup> December, 1997 published in the Gazette of India Extraordinary Part-I, Section-1, No. 239 dated 17<sup>th</sup> December 1997.
- @ Government of India, Ministry of Social Justice and Empowerment Resolution No. 12011/68/98-BCC dated 27<sup>th</sup> October, 1999 published in the Gazette of India Extraordinary Part-I, Section-1, No. 241 dated 27<sup>th</sup> October 1999.
- @ Government of India, Ministry of Social Justice and Empowerment Resolution No. 12011/88/98-BCC dated 06<sup>th</sup> December, 1999 published in the Gazette of India Extraordinary Part-I, Section-1, No. 270 dated 06<sup>th</sup> December, 1999.
- @ Government of India, Ministry of Social Justice and Empowerment Resolution No. 12011/36/99-BCC dated 04<sup>th</sup> April, 2000 published in the Gazette of India Extraordinary Part-I, Section-1, No. 71 dated 04<sup>th</sup> April, 2000
- @ Government of India, Ministry of Social Justice and Empowerment Resolution No. 12011/44/99-BCC dated 21<sup>st</sup> September, 2000 published in the Gazette of India Extraordinary Part-I, Section-1, No. 210 dated 21<sup>st</sup> September, 2000.
- @ Government of India, Ministry of Social Justice and Empowerment Resolution No. 12015/9/2000-BCC dated 06<sup>th</sup> September, 2001 published in the Gazette of India Extraordinary Part-I, Section-1, No. 246 dated 06<sup>th</sup> September, 2001.
- @ Government of India, Ministry of Social Justice and Empowerment Resolution No. 12011/1/2001-BCC dated 19<sup>th</sup> June, 2003 published in the Gazette of India Extraordinary Part-I, Section-1, No. 151 dated 20<sup>th</sup> June, 2003.

- @ Government of India, Ministry of Social Justice and Empowerment Resolution No. 12011/4/2002-BCC dated 13<sup>th</sup> January, 2004 published in the Gazette of India Extraordinary Part-I, Section-1, No. 09 dated 13<sup>th</sup> January, 2004.
- @ Government of India, Ministry of Social Justice and Empowerment Resolution No. 12011/14/2004-BCC dated 12<sup>th</sup> March, 2007 published in the Gazette of India Extraordinary Part-I, Section-1, No. 67 dated 12<sup>th</sup> March, 2007.

Shri/Shrimati/Kumari\*.....and/or\* his/her\* family ordinarily resided in Village/Town.....of..... District/Division\* of the State/Union Territory\* of.....

This is also to certify that he/she\* does not belong to the person/sections\* (Creamy layer) mentioned in column 3 of the Schedule to the Government of India, Department of Personnel & Training O.M. No. 36012/22/93-Estt. (SCT) dated 08<sup>th</sup> September 1993, O.M. No. 36033/3/2004-Estt (Res.) dated 09<sup>th</sup> March 2004 and O.M. No. 36033/3/2004-Estt. (Res) dated 14<sup>th</sup> October 2008.

Place: .....

Signature.....

Date .....

\*\*Designation.....

(With Seal of Office)

\*please delete the words which are not application.

@Strike out whichever is not applicable.

**Note :** The term “Ordinarily reside(s)” used here will have the same meaning as in Section 20 of the Representation of the People Act, 1950.

\*\*List of authorities empowered to issue OBC Certificate.

- (i) District Magistrate/Additional District Magistrate/Collector/Deputy Commissioner/ Additional Deputy Commissioner/Deputy Collector/1<sup>st</sup> Class Stipendiary Magistrate/#Sub-Divisional Magistrate/Taluka Magistrate/Executive Magistrate/Extra Assistant Commissioner.  
(#not below of the rank of 1<sup>st</sup> Class Stipendiary Magistrate)
- (ii) Chief Presidency Magistrate/Additional Chief Presidency Magistrate/Presidency Magistrate.
- (iii) Revenue Officers not below the rank of Tehsildar.
- (iv) Sub Divisional Officer of the Area Where the candidate and/or his/her family normally resides.
- (v) Administrator/Secretary to Administrator/Development officer (Lakshadweep).

**Note 1:** Candidates claiming to belong to OBCs should note that the name of their caste (including its spellings) as indicated in their certificates, should be exactly the same as published in the lists notified by the Central Government from time to time. A certificate containing any variation in the caste name will not be accepted.

**Note 2:** The OBC claim of a candidate will be determined in relation to the State (or part of the State) to which his/her father originally belongs. A candidate who has migrated from one State (or part of the State) to another should, therefore, produce an OBC certificate which should have been issued to him/her based on his/her father’s OBC certificate from the State to which he (father) originally belongs.

**Form of declaration to be submitted by the OBC  
candidate**

**(in addition to the community certificate)**

I..... Son/Daughter of  
Shri.....resident of Village/Town/City  
.....District.....State.....he  
reby declare that I belong to the.....community which is  
recognized as a backward class by the Government of India for the purpose of  
reservation in services as per orders contained in Department of Personnel and Training  
Office Memorandum No. 36102/22/93-Estt. (SCT) dated 08<sup>th</sup> September 1993. **It is also  
declared that I do not belong to persons/sections/sections (Creamy Layer)  
mentioned in column 3 of the Schedule to the Government of India, Department of  
Personnel & Training O.M. No. 36012/22/93-Estt. (SCT) dated 08<sup>th</sup> September  
1993, O.M. No. 36033/3/2004-Estt. (Res.) dated 09<sup>th</sup> March 2004, O.M. No.  
36033/3/ 2004-Estt. (Res.) dated 14<sup>th</sup> October 2008 and O.M. No. 36033/1/2013  
(Res.) dated 27<sup>th</sup> May 2013.**

Address (Ordinary Residence)

Signature:.....

Full Name:.....

Date:.....

**AFFIDAVIT BY THE STUDENT FOR SUBMISSION OF MIGRATION  
CERTIFICATE and TRANSFER CERTIFICATE (TC)**

I, \_\_\_\_\_ s/o d/o Mr./Mrs. \_\_\_\_\_,  
having been admitted to **Lakshmibai National Institute of Physical Education,  
Gwalior**, and I have carefully read and fully understood the conditions / provisions  
contained in the below mentioned affidavit:-

- 1) I hereby solemnly aver and undertake that I will submit my Migration Certificate within 06 (six) months and Transfer Certificate (TC) within 15 (fifteen) days from the date of my admission in the Institute (LNIPE).
- 2) I hereby affirm that if the Migration Certificate and/or Transfer Certificate (TC) is/are not submitted by me in the Institute (LNIPE) within the stipulated time limit i.e. 06 months for Migration and 15 days for TC, in such circumstances, my admission shall be liable to be cancelled.
- 3) I hereby declare that I am well versed with the condition and I will abide by the stipulated time limit for submission of Migration Certificate and Transfer Certificate. In case I fail to do so, my admission shall be liable to be cancelled.

Declared this \_\_\_\_\_ day of \_\_\_\_\_ month of 2016.

\_\_\_\_\_  
Signature of deponent  
Name of Student:

**VERIFICATION**

Verified that the contents of this affidavit are true to the best of my knowledge and no part of the affidavit is false and nothing has been concealed or misstated therein.

Verified at \_\_\_\_\_ on this the \_\_\_\_\_ of \_\_\_\_\_, 2016.

Solemnly affirmed and signed in my presence on this the \_\_\_\_\_ of \_\_\_\_\_,  
\_\_\_\_\_ after reading the contents of this affidavit.

\_\_\_\_\_  
OATH COMMISSIONER



**DECLARATION OF SELF AND PARENTS FOR MEDICAL FITNESS  
AT THE TIME OF ADMISSION**

I, \_\_\_\_\_ s/o d/o Mr./Mrs. \_\_\_\_\_,  
hereby declare that I/my ward is not suffering from:

- a. Hypertension.
- b. Bronchial Asthma.
- c. Heart Disease.
- d. Inveterate Skin Disease.
- e. Venereal Disease (V.D.).
- f. Traces of previous acute or chronic disease pointing to and impaired constitution.
- g. Contagious Disease.

and if I/my ward is found suffering from any of the above from (a to g) after admission in the Institute (LNIPE) and during the span of course in such circumstances, the decision of the authorities shall be final and I will abide by it.

(Signature of Parent/Guardian)

(Signature of Student)

Date: